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THE ICON ERA IS OVER

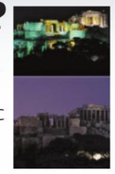
OUR CULTURE'S TRANSIENT NOTIONS OF BEAUTY MEAN THERE IS NO SINGLE ICON FOR WOMEN TO EMULATE ANYMORE — AND THAT'S BOTH GOOD AND BAD

PAGES 16 & 17

Fading to black?

Hundreds of millions of people will be switching off their lights on Saturday, but is the mostly symbolic gesture just a waste of time?

PAGE 10



FED BUDGET PINCHES PENNIES, NOT THAT THEY EXIST ANYMORE ...

Finance Minister Jim Flaherty talks to reporters on Thursday prior to the release of his budget — a budget that included cuts to local public-service jobs, money for city infrastructure and tightening of tax loopholes. For more on the budget see pages 2 and 14. FRED CHARTRAND/THE CANADIAN PRESS

100-car pileup causes 100 injuries

Code orange issued in Alberta hospital after massive highway crash PAGE 12

BBC accounts hacked by Assad regime supporters

Syrian Electronic Army takes responsibility PAGE 18

Talking to myself par for the course: Actress

Pulling off dual roles in The Host not much of a stretch for Saoirse Ronan PAGE 22

Coffee-roasted meat: It's delish

Java brings rich flavour to this pork tenderloin recipe PAGE 31

NCC loses mandate to promote Ottawa

Budget surprise. Department of Heritage will now organize Winterlude, Canada Day

ALEX BOUTILIER
alex.boutilier@metronews.ca

The federal government has stripped the National Capital Commission of its mandate to promote Canada's capital.

The move, announced in Thursday's federal budget, means the NCC will no longer be responsible for organizing events like Canada Day and Winterlude.

"As Canada prepares to celebrate the 150th anniversary of Confederation in 2017, the government wishes to ensure that a broad, national perspective is brought to these celebrations," the budget document reads, calling the NCC, "locally based."

"In order to ensure that the annual Canada Day shows ... and the promotion of National Capital Region events such as Winterlude draw on the cultural and social fabric of the whole of Canada, the government will transfer the mandate to promote the National Capital Region from the (NCC) to the Department of Canadian Heritage."

The NCC refused to comment on the move Thursday, directing media requests to Foreign Affairs Minister John Baird's office.

In 2012, the NCC had a "Canadian Experience" budget of $22.59 million, according to the government's main estimates. It's not clear if the organization will retain that money — there are no numbers associated with the move in the budget.

Mayor Jim Watson said he thinks the move is positive.

"Canadian Heritage certainly has a good background in doing those kind of projects," Watson told reporters Thursday.

"I think the NCC does some great work, and at times we have some challenges in terms of their stepping on our toes and perhaps we step on their toes. This, I think, brings a little bit of clarity to what their role should be on a go-forward basis."

NEWS 1

Budget talk

Infrastructure funding applauded

Mayor Jim Watson applauded the federal Conservative's decision to extend infrastructure funding over a decade, saying it brings the cleanup of the Ottawa River one step closer to reality.

"I think the federal government now has a greater appreciation for the fact that (municipalities) want long-term, predictable funding," said Watson Thursday.

"The next push is for long-term, predictable and increased funding."

In the budget tabled by Finance Minister Jim Flaherty Thursday afternoon, the federal government committed to extending infrastructure cash from the Community Improvement Fund and a "new" Building Canada fund.

The lion's share of the funding — $32.2 billion over the course of 10 years — is a continuation of the Gas Tax Fund and a GST rebate.

Another $14 billion will be funnelled through a "new" Building Canada fund. That funding starts at around $210 million in 2014, and ramps up to $2.1 billion in 2023. The money doesn't start flowing until 2016, after the Tories project a balanced budget.

The municipality has made the cleanup of the Ottawa River its top infrastructure priority now that light rail is funded and underway. The federal infrastructure funding averages about $4.7 billion a year for 10 years — one billion less per year than Watson and the Federation of Canadian Municipalities called for.

ALEX BOUTILIER/METRO

The Canada Revenue Agency headquarters in Ottawa is shown on Nov. 4, 2011. The Ottawa offices of the Canadian Revenue Agency and the Department of Fisheries and Oceans are expected to cut a combined $367 million over the next six years. SEAN KILPATRICK/THE CANADIAN PRESS

Canada Revenue Agency, Fisheries office face cuts

Public sector. Targeted review projected to cut $367 million over six years

ALEX BOUTILIER
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The Ottawa offices of the Canadian Revenue Agency and the Department of Fisheries and Oceans are expected to cut a combined $367 million over the next six years.

The two agencies were targeted for review in Finance Minister Jim Flaherty's 2013-2014 budget, tabled Thursday afternoon.

The Department of Fisheries and Oceans is to cut $108 million over six years. According to the federal government's official estimates the department's total cost to tax payers in 2012 amounted to under $1.7 billion.

"The department will modernize the organizational structure of its headquarters in order to provide cost-effective services to Canadians," the budget document reads.

The cuts at CRA are more drastic with $259 million over the six-year period. The tax agency's total budget in 2012 was under $4.3 billion according to government estimates.

At the same time, the tax agency is expected to do more with less, cracking down on tax evaders.

"The agency will make greater use of advanced data analysis to improve identification of incidences of non-compliance and will deploy teams of specialists to pursue tax evaders," the budget document reads.

The tax-collection changes are expected to bring a whopping $2.35 billion into federal coffers over six years.

In their latest municipal forecast, the Conference Board of Canada projected modest economic growth of 1.3 per cent for the National Capital Region in 2013, largely due to cuts to the public sector in Ottawa.

Despite the cuts, the government maintains there will be no impact on frontline service delivery.

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Fatal crash. Natsis's lawyer accuses OPP expert of destroying evidence

A defence lawyer for a Pembroke dentist on trial for a charge of impaired driving causing death dropped a legal bombshell on Thursday when he suggested the OPP's expert witness destroyed evidence.

"I'm filing a notice of application because of the destruction of evidence," attorney Michael Edelson said just seconds before court was adjourned for the day after a fourth day of testimony by OPP technical collision investigator Const. Shawn Kelly.

Edelson indicated drafts of a report on the accident compiled by Kelly were destroyed intentionally after being submitted for peer review and subsequently edited. "The destroyed draft report fundamentally prejudices the applicant's ability to meaningfully challenge the findings of the expert witness," Edelson's legal team wrote in their application.

Edelson said Kelly indicated in November 2012 that the draft documents did not exist and that there was only one version of his report, and that only one version was disclosed to the defence. But Edelson suggested there were in fact other drafts of Kelly's report that were not disclosed.

OPP Const. Shawn Kelly
METRO FILE

The move came after a day of damning evidence in which Kelly testified against Dr. Christy Natsis, who was charged with impaired driving causing death after her Ford Expedition SUV collided with a pickup truck driven by Ottawa resident Brian Casey, who died in the head-on crash. Natsis is also charged with dangerous driving and having over 80 milligrams of alcohol in her bloodstream.

Black-box-like modules from inside both cars indicated that Natsis' vehicle did not brake as it travelled an average of 86 kilometres per hour seconds before the crash. The pickup driven by Casey, Kelly said, applied the brakes two seconds before the head-on collision.

Kelly testified Wednesday that a trail of debris, gouges and scrapes in the road observed hours after the crash suggest Natsis's Ford crossed the double line into the oncoming eastbound lane.

Edelson's legal team objected to this evidence being submitted by Kelly after arguing earlier in the week that he had no expertise in analyzing the data derived from the modules.

"We're going to address all issues of expertise at the end," said Judge Neil Kozloff allowing the witness to continue with his testimony. "You can cross-examine the evidence."

GRAHAM LANKTREE/METRO

First lady Michelle Obama, left, and Secretary of State John Kerry, right, honor Elman Peace and Human Rights Centre executive director Fartuun Adan, of Somalia, with a Secretary of State's International Women of Courage Award during a ceremony at the State Department in Washington on March 8. MANUEL BALCE CENETA/THE ASSOCIATED PRESS

Giving Somali women a voice

Sister Somalia founder. Ottawan to be honoured again for founding Mogadishu's first rape-crisis centre

Two weeks after she shook hands with first lady Michelle Obama and Secretary of State John Kerry at the International Women of Courage Awards in Washington, Fartuun Adan will be recognized again Saturday by the local Somali community.

The Ottawa resident was one of nine women who were honoured by the U.S. State Department on International Women's Day for their work in ending violence against women.

The award ceremony also recognized, posthumously, Nirbhaya — the 23-year-old Indian woman who died from her injuries after a gang rape.

The fight against sexual violence against women is what brought Adan to the awards ceremony in the first place. After her husband Elman was assassinated in 1996, she fled Somalia 11 years later with her daughters and settled in Canada.

But in 2010 she returned to her hometown of Mogadishu to continue the work her husband started with the Elman Peace and Human Rights Centre. It was then that she noticed and grew tired of authorities sweeping cases of rape under the rug.

She founded Sister Somalia — Mogadishu's first rape-crisis centre for survivors of sexual violence.

"That is when I said someone has to do something. It was very risk and challenge, but I have to stand up and say this is not right," she told Metro Thursday.

"It could be anybody who has gun because it's no rule of law."

Her three daughters feared for her safety in Somalia, but Adan felt compelled to give these women a voice when no one else would.

Speaking up on March 8, however, was rather difficult for her. She never thought she would ever share her story with the first lady and the secretary of state, who praised her for "never losing hope for a peaceful Somalia."

"I couldn't even speak. I did my best, but I was really nervous," said Adan.

"I talked the way I know.... I was speaking on behalf of the woman who was raped," she added, getting choked up over the phone. "But it was great to see Michelle Obama. She's nice, and pretty, and tall."

On Saturday, the Somali Women's Circle Network is holding an event that will recognize Adan's work for the Somali people.

JOE LOFARO/METRO

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Going all out for foos gold

'Ninja sport'. Ottawa's table-soccer buffs gear up for national tourney

GRAHAM LANKTREE
graham.lanktree@metronews.ca

Mary Whiting shows she is true to the credo of the Ottawa Foosball Association as she plays with the league on Wednesday night. GRAHAM LANKTREE/METRO

"Eat. Sleep. Foos." That's the credo of the city's tabletop-soccer enthusiasts as they hone their skills in league finals and prepare to grapple with some of Canada's best players in the national Ottawa Foosball Championship in early April.

Take, for example, one of Ottawa's best: 70-year-old Gid Smiderle, known by the 40 members of the Ottawa Foosball Association as the "5,000 Year Old Man."

"I have a few tricks. You have to have good eyes, good thinking and strategy," said the white-bearded septuagenarian. "You have to know who you're playing against and know what they're going to do."

Slowing down a little after playing for more than 20 years, Smiderle said he's still going to check out the championship to see players from Quebec, New York, Toronto and Montreal face off for a pot of prizes worth $4,000.

Anyone is invited to join the tournament if they think they've got the chops.

"Foosball is a ninja sport," said J.P. Surette, who showed up as a random at one of the OFA's free play Friday nights 15 years ago and never left. "You can never tell who's good at it. These guys are at an international level."

Jesse Haw, 22, who has been playing with the league on Wednesdays and Fridays for the past two years, now travels to tournaments in the United States and across Canada. "We usually fly to one a year and drive to a couple," he said. "We went to Baltimore last year where the prize money was $15,000. I played enough video games in my teens. I said to myself it was time to meet some people."

At the heart of the league lie the stories behind the participants. Smiderle has been enraptured by the game since he was four and a table showed up in the small village in the Italian Alps where he grew up.

"It was the first sign that things would get better after the war," he said. "Around the table it was wall-to-wall kids. Most people couldn't get close. I jumped into it."

The Ottawa Foosball Championship runs from April 5 to 7 at Tailgators (1642 Merivale Rd.).

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UCreate co-founders Jason Daley and Donald Lanouette pose in front of a wall of favourite comic-book pages at their office on Colonnade Road in Nepean. SEAN MCKIBBON/METRO

UCreate aims to give comic creators their big break

Start up. And make a few blockbusters...

SEAN MCKIBBON
sean.mckibbon@metronews.ca

Every kid who ever picked up a comic book has dreamed of it at least once — drawing or writing superhero stories. A local startup is hoping to capitalize on those dreams and, in some cases, turn them into reality using social media and old-school industry connections.

"We're trying to give the first break to the independents to be found by Marvel and DC and hopefully we're a value chain leading to them getting that first job," said Donald Lanouette, founder and creative director of UCreate Comics.

Lanouette describes his startup as like a movie-development company but with an American Idol social media twist. The firm has developed an online platform that will allow people to pay to pitch ideas, and fans to vote on what ideas they like and what they don't.

The firm plans to charge $15 a year for memberships that will pay pro editors to read and vet pitches that Lanouette says will then be further vetted online.

"I believe ultimately over time we're going to find some gems because everything that we're creating is fan-vetted first," he said.

Lanouette knows there are gems out there. Back in the late 1980s, he worked at an independent comic-book company called Aircel, which eventually merged with Malibu Comics and then Marvel. One of the books Aircel produced was Men in Black, which eventually went on to make millions as a movie with Will Smith and Tommy Lee Jones.

Lanouette says he and his partners approached venture capitalists to build a $1-million development fund and he says UCreate will pay creators up front for the opportunity to develop ideas into scripts, books and even television or movies. Co-founder Jason Daley says one of the things that appealed to investors was that UCreate was not simply an idea but also had a social media technology platform backing it up.

UCreate is hosting what it calls its Big Break Tour, a series of speaking engagements and appearances at comic conventions. See ucreatecomicsevents.com for ticket details.

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The Acropolis in Athens with the lights on, and off, during Earth Hour on March 31, 2012. GETTY IMAGES FILE

Switching off

For good? Hundreds of millions participate in Earth Hour, but can 60 minutes make a difference?

Criticism

"For the green movement to grow it needs to be relevant to daily lives and to local issues."

Mike Shanahan of the International Institute for Environment and Development

KIERON MONKS
Metro World News

Be prepared — at 8:30 p.m. on Saturday the lights turn off. From Tokyo to Toronto, Palestine to Papua New Guinea, hundreds of millions of people in more than 150 countries and territories will participate in the world's largest co-ordinated action on climate change, led by the World Wildlife Fund (WWF).

Organizers state this is a "symbolic" action, and there will be no measurement of its impact. But campaigners believe it's important to challenge our relationship with technology.

"People need to see collective action to take the issue seriously," says Peter Madden, CEO of the international group Forum for the Future. "Changes can be attractive if they are re-enforced socially."

With technology increasingly embedded in everyday life, it's time to make smarter choices, says Madden. "The most exciting innovations are making energy use visible. Phone apps can give you data, heaters can learn when they are needed."

The Beyond Zero Emissions group estimates that energy demand could be halved if people replaced their appliances with more efficient models. Patio heaters remain among the worst offenders, and campaigners are aiming for 100 per cent LED lighting.

For hardliners, living off-grid has become increasingly possible. "There is cheaper and more reliable energy available such as ground-source and mini-turbines — a great alternative to the rising cost of traditional fuel," says Madden.

However, Earth Hour's "global switch-off" concept has also been criticized, and participation and online involvement have dropped off this year.

"It's a particular demographic of younger people in cities that is hard to sustain," says Mike Shanahan of the International Institute for Environment and Development.

"For the green movement to grow it needs to be relevant to daily lives and to local issues."

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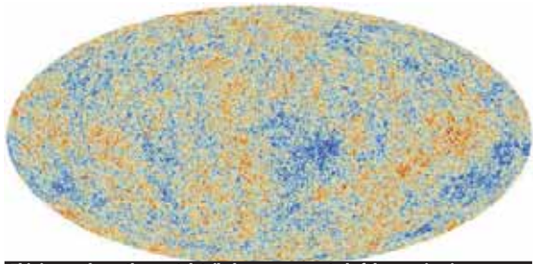
Universe far older than thought, scientists say

Space probe.
Telescope looking at Big Bang afterglow estimates universe is 13.81 billion years old



This image shows the most detailed map ever created of the cosmic microwave background acquired by the European Space Agency's Planck space telescope.
ESA-PLANCK COLLABORATION/THE ASSOCIATED PRESS

New results from looking at the split-second after the Big Bang indicate the universe is 80 million years older than previously thought and provide ancient evidence supporting core concepts about the cosmos — how it began, what it's made of and where it's going.

The findings released Thursday bolster a key theory called inflation, which says the universe burst from subatomic size to its now-observable expanse in a fraction of a second. The new observations from the European Space Agency's $900 million Planck space probe appear to reinforce some predictions made decades ago solely on the basis of mathematical concepts.

"We've uncovered a fundamental truth of the universe," said the director of the Kavli Institute for Cosmology at the University of Cambridge, George Efstathiou, who announced the satellite result in Paris. "There's less stuff that we don't understand by a tiny amount."

The Big Bang — the most comprehensive theory of the universe's beginning — says the visible portion of the universe was smaller than an atom when, in a split second, it exploded, cooled and expanded faster than the speed of light.
THE ASSOCIATED PRESS

Breaking off

Scotland sets date for vote on independence

Scottish leader Alex Salmond has set Sept. 18, 2014, as the date for an independence referendum that could radically alter the shape of the U.K., calling it a historic opportunity to create a better country.

Salmond said it would be a day when Scotland takes "responsibility for our country, when we are able to speak with our own voice, choose our own direction and contribute in our own distinct way."
THE ASSOCIATED PRESS

Portland, Maine

Man gets jail for prostitution op at Zumba studio

An insurance agent who helped run a prostitution operation out of his mistress's Zumba studio and watched secretly videotaped sex acts was ordered to spend 20 days in jail in a scandal that rocked a small northeastern town. Prosecutors say Mark Strong Sr. was involved in every facet of the operation with fitness instructor Alexis Wright. Before being sentenced, Mark Strong Sr.'s wife broke down while pleading for leniency. THE ASSOCIATED PRESS

Milestone

YouTube reaches 1B users a month

YouTube says more than a billion people are now visiting its video site each month to watch everything from clips of cute kittens to scenes of social unrest around the world. The milestone marks another step in YouTube's evolution from a quirky startup launched in 2005 to one of the most influential forces in today's media landscape.

Google bought YouTube for $1.76 billion in 2006 when the site had an estimated 50 million users.
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More than 100 hurt in massive pileup on an Alberta highway

Weather. Blizzard blasting through the Prairies is being blamed for the crash

ANNALISE KLINGBEIL
Metro in Edmonton

An estimated 100 people were injured in a massive crash involving at least 100 vehicles on a highway near Leduc, Alta.

On Thursday afternoon, Alberta Health Services (AHS) initially said 300 people were en route to hospitals in the Edmonton area as a result of the crash. Shortly after, AHS revised the number to 100.

About 22 people went to area hospitals, including one adult with serious injuries. About 80 others suffered minor to moderate injuries and were treated at the site, where Greyhound buses were used as triage centres.

Edmonton Transit sent four buses to shelter patients on the scene.

"There's probably about 10 different hospitals, maybe more that we're utilizing," said Kerry Williamson, spokesperson for Alberta Health Services.

Paramedics, EMS crews and firefighters trudged through the snow, going from vehicle to vehicle, to check on those inside, Williamson said.

He added the crash spurred a code orange, meaning a mass casualty mode, at local hospitals.

"We haven't dealt with anything like this, but we do have plans," Williamson said.

WITH FILES FROM THE CANADIAN PRESS

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A pickup truck is sandwiched between two vehicles in a pileup that left more than 100 people injured. A blizzard that has been blasting through the Prairies is being blamed for the multi-vehicle crash on Highway 2, south of Edmonton. DEREK FILDEBRANDT/ THE CANADIAN PRESS

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SHOPPERS DRUG MART

Budget bets on status quo

Federal finance plan. Blueprint adds no new money while largely reshuffling expenses

When Jim Flaherty was a young man, they called it a brake stand — one foot on the gas and one on the brake, creating lots of noise and plumes of blue smoke but moving the vehicle sideways if at all.

Stephen Harper's finance minister is banking that all the torque in his eighth federal budget, delivered Thursday, will propel the Canadian economy forward in a burst sometime next year.

It's all geared to a fall 2015 election date, when Prime Minister Stephen Harper hopes to woo Canadian voters with the first balanced federal budget since 2008.

In the meantime, Flaherty's foot remains firmly on the spending brake in a 2013-14 fiscal blueprint that shuffles priorities, re-allocates resources and cracks down on tax cheats but adds no new money while continuing dramatic cuts to direct program expenses.

The deficit for the current fiscal year that ends in two weeks is projected to be $25.9 billion — exactly as forecast in the fall fiscal update but up significantly from the $21.1 billion posited by Flaherty in last March's budget.

Part of that bump comes from a one-time, $2.4-billion increase in the federal government's nuclear-cleanup liability.

Total spending, including debt-servicing charges, will rise to $282.6 billion this year, up less than one per cent on the 2012-13 spending envelope of $280.1 billion. That's effectively a cut after inflation and population growth are factored in.

More significantly, direct program expenses — which exclude major transfers to other levels of government — are projected to plunge almost $4 billion this year and another $2.5 billion in 2014-15. The exact nature of those program cuts remains something of a mystery.

"It's very much a status quo budget," said economist Derek Burleton of TD Bank. "Reallocation is a key theme."

THE CANADIAN PRESS

Flaherty's mission

Canadians have faith "that their government will be a benign and silent partner in their enterprise, not an overbearing behemoth squeezing them at every turn."

Finance Minister Jim Flaherty to the House of Commons in his budget speech

Deficit

$25.9B

The deficit for the current fiscal year is projected to be $25.9 billion.

Assumptions

While the budget is deeply conservative, many of its assumptions are not:

- **Fighting tax loopholes and cheats** will rake in half a billion dollars this year and rise to $1.3 billion the next.
- **GST revenues**, up 1.8 per cent in 2012-13, will grow 4.9 per cent a year.
- **Corporate tax revenue** will jump by 5.5 per cent a year, on average.

5 things to know about the budget

1 It'll get you the skills to pay the bills

Finance Minister Jim Flaherty THE CANADIAN PRESS

The key feature is the Canada Job Grant. According to the budget, the grant "could provide $15,000 or more per person" for short-term training. Only $5,000 would be contributed by the federal government, with matching contributions coming from provinces and employers. TORSTAR NEWS SERVICE

2 The outside world under one tent

The Canadian International Development Agency, which performs aid work in developing countries, will be swallowed up by the Department of Foreign Affairs and International Trade.

The new entity will be called the Department of Foreign Affairs, Trade and Development. The government says it "will continue to serve the same functions as the old departments." TORSTAR NEWS SERVICE

CIDA, with the Canadian Red Cross, provided these winterized tents to earthquake-hit Turkey in 2011.

CANADIAN INTERNATIONAL DEVELOPMENT AGENCY/THE CANADIAN PRESS

3 Billions to back building boom

ISTOCK

The Conservative government is devoting $14 billion over a decade by renewing a deal that helps cities invest in infrastructure.

"Infrastructure creates jobs, supports trade and fuels economic growth," Finance Minister Jim Flaherty said.

The new Building Canada Fund will replace a seven-year deal set to expire next year and give provincial and municipal governments time to plan and to figure out how to match the funding. THE CANADIAN PRESS

4 Can't afford to stay active AND clothe your baby? Feds have you covered

The federal government is cutting tariffs on baby clothing and athletic equipment in hopes the price breaks trickle down to consumers.

Finance Minister Jim Flaherty announced the $76-million cut in reaction to ongoing discrepancies between Canada and the U.S. "Some products consistently cost more in Canada compared to the exact same products sold in the United States," the budget said.

The tariff cut applies to baby clothing and sports and athletic equipment, such as ice skates, hockey equipment, skis, snowboards and golf clubs. TORSTAR NEWS SERVICE

ISTOCK

5 Call it the "judge-it" budget

Political opponents were not kind to the plan.

NDP Leader Tom Mulcair called it a "shell-game con job," and Green Leader Elizabeth May dubbed it the "fudge-it budget."

"The propaganda machine is going to be working overtime, because they've repackaged and put together some old programs and given them new names," groused Bob Rae, the interim Liberal leader. THE CANADIAN PRESS

NDP Leader Tom Mulcair

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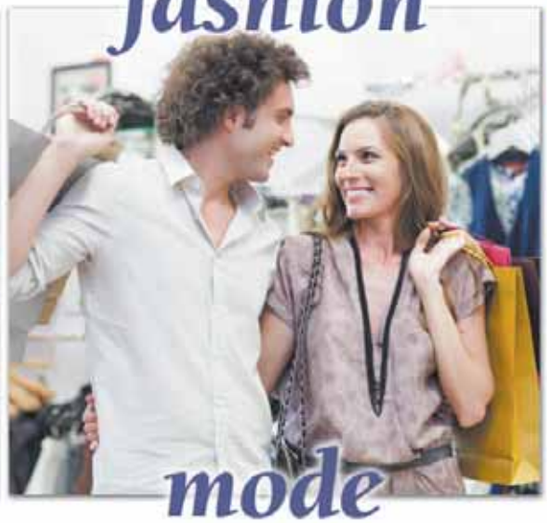

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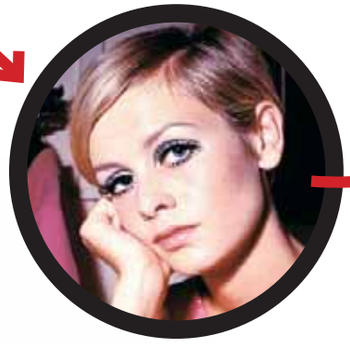
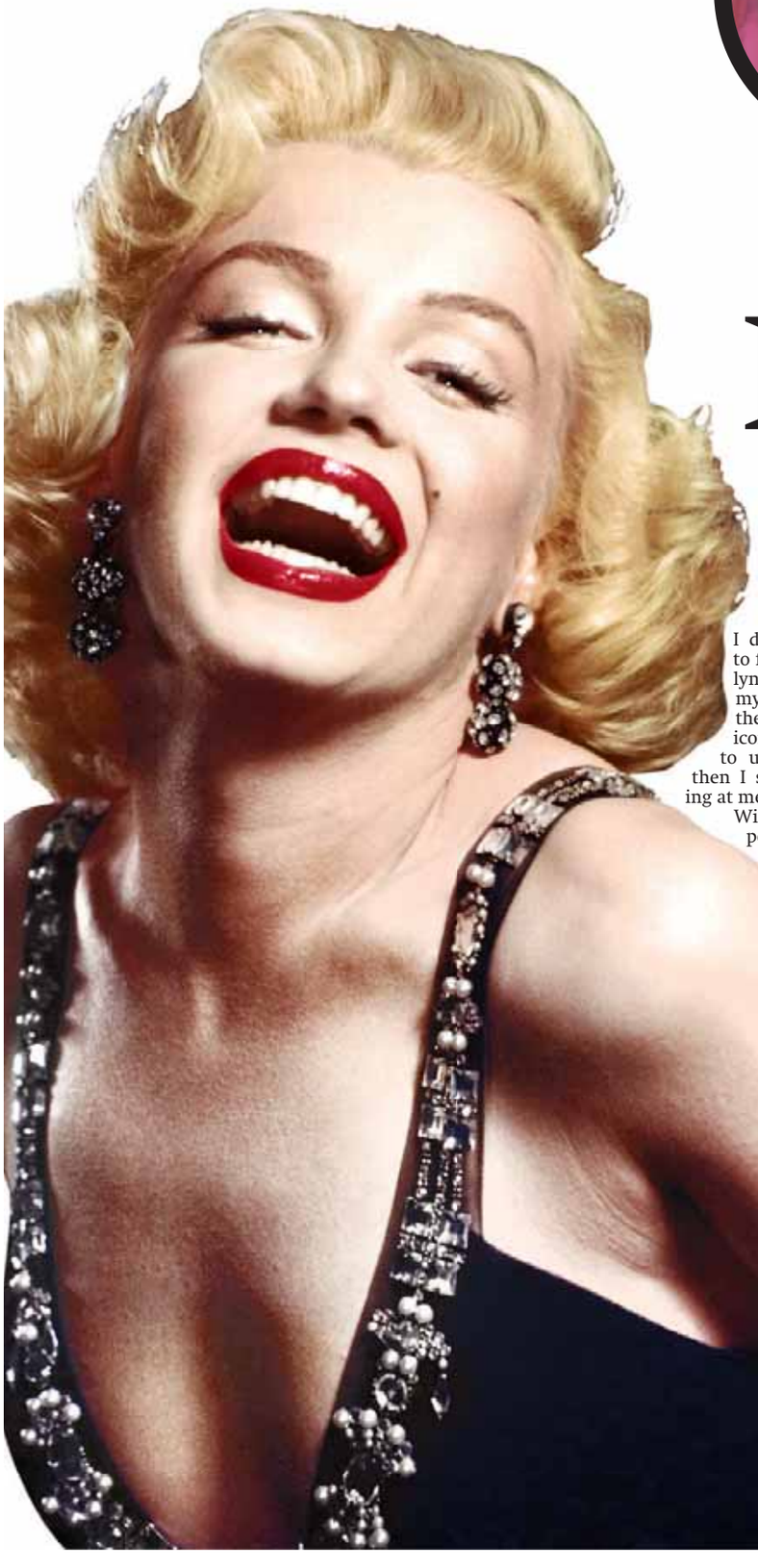
1950s
Marilyn Monroe



1960s
Twiggy

1970s
Farrah Fawcett



Beautiful in

Today, bombshells explode on the scene and quickly disappear. There's no iconic image of beauty to represent the past decade. Angelina Jolie's impossible curves are still sexy, but so are Tina Fey's intelligence and Serena Williams' athleticism. **Melita Kuburas** explores why this esthetic decentralization may be problematic.

I didn't set out to find the Marilyn Monroe of my generation, the one beauty icon that speaks to us all — but then I saw her staring at me.

With her imperfect teeth, messy, bleached hair and morning-after complexion, musician Liza Thorn is the anti-Marilyn, and we need more like her.

Thorn's unlikely ascent as a style icon — she has an affinity for ripped stockings and tattered coats — was featured last month in the New York Times' fashion app The Collection. ("She is a beguiling presence," writes the Times's William Van Meter.) Thorn likely won't capture our attention for long, but the fascination with her carefree look is symbolic of a change that's occurred within the beauty industry. There is no longer a single beauty or style icon that captures our admiration. Bombshells explode onto the scene; we become enraptured, then quickly move on to someone else.

"We used to look to magazine supermodels and to Hollywood celebrities and starlets to define iconic beauty. But not only is Hollywood a little bit more diverse, our definitions and expectations for beauty are far more diverse," says Sidneyeve Matrix, associate professor of media and film at Queen's University in Kingston, Ont.

Matrix says the online space has "democratized" the beauty industry.

"Social media is now a mainstream broadcast platform for us," she says. "We can all chime in and vote for what we think is interesting and smart and beautiful."

Thanks to Instagram, Tumblr and YouTube, we've replaced yesterday's beauty emblems with our own, more diverse images and content, Matrix says.

You don't have to be a magazine editor to review makeup, attend Fashion Week or participate in trunk shows or store openings.

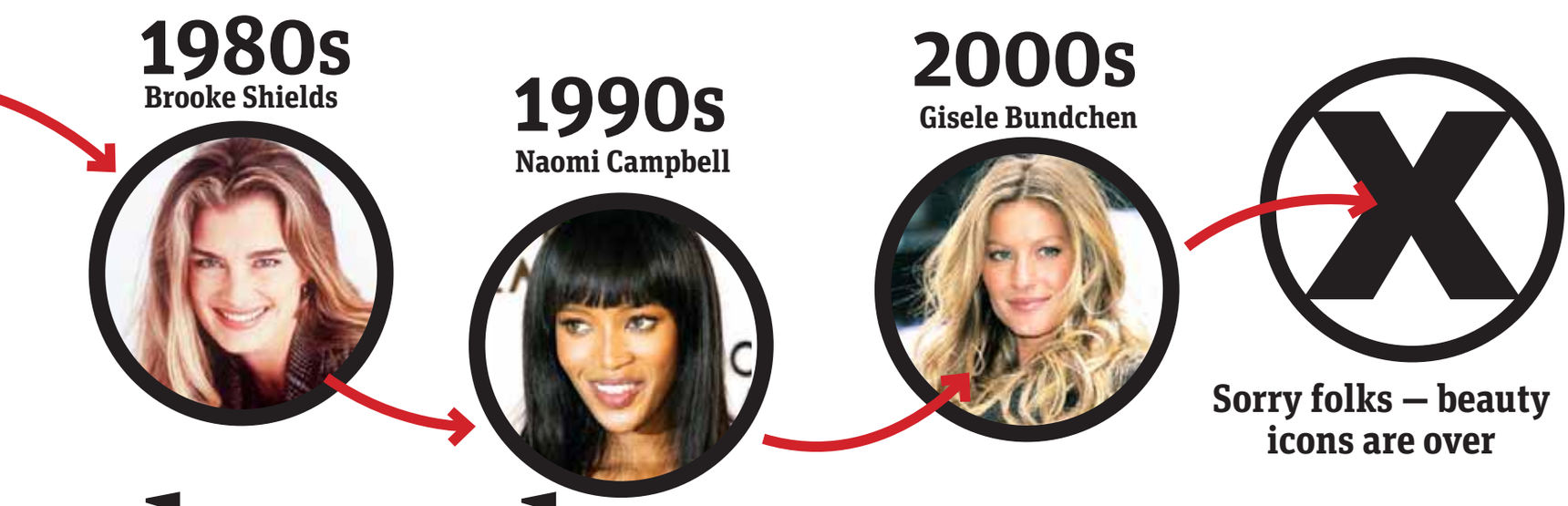
Those are some of the perks Kerrilyn Wong has enjoyed since she started writing her blog, There's Something About Kerri. Wong, 26, has a knack for spotting unique pieces and putting together enviable outfits. But she gravitated to beauty blogs for another reason — at five-foot-four, she couldn't relate to the leggy models in magazines.

"Their body proportions were not similar to mine," writes Wong from Vancouver, where she's a student at BCIT. "The hemline of a dress on a magazine model may fall above her knees, but for shorter girls, it may fall to their calves and make them appear stubby."

Beauty blogs are seen as more relatable than mainstream publications because the bloggers evince insecurities

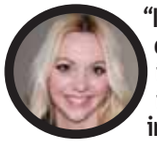
Exclusively online

A face-research lab compiled numerous images of faces to create one composite "average" face, and found the result was surprisingly attractive. Metro talked to the researcher who runs the lab. Visit metronews.ca for the interview and to find out how you can make your own composite face. For more on beauty, check out our interactive face map.



Sorry folks — beauty icons are over a heartbeat

Quoted



"If we are feeling insecure, we always want to find a way to make ourselves continue to feel insecure. Having images in the media that are so beautiful and so glamorous keeps us in our place. So there's a part of us that wants it; it feeds that part of us to feel inadequate." **Kimberly Moffit, psychotherapist,** on why we feed on aspirational images of beauty

similar to our own. Wong, for instance, has shared about her own dieting and exercise, talking openly about the body parts she's focusing on toning up.

But that "realness" factor is deceiving, argues Sabrina Maddeaux, managing editor of Toronto Standard, an online publication that covers urban affairs, style and culture. Most popular bloggers are not challenging the status quo, she says.

"I think blogs, social media and 'street style' started off as positive forces for diversity in beauty and fashion, but as they've become more associated, supported and controlled by mainstream media outlets, brands and advertisers, they've become quite harmful," Maddeaux says.

"A lot of these bloggers have risen to fame through the support of major media outlets and brands, who then turn around and use their association with them to say: 'Look at us! We're being real!' But they're just different versions of the same girls they've always featured in magazines and campaigns."

Maddeaux sees a superficial improvement when it comes to diversity in magazines.

Stars like Kim Kardashian, Christina Hendricks and Beyoncé are praised for their "curvier" bodies and accept their stardom as proof that Hollywood supports a healthier body image. But while those women are exceptionally attractive, their beauty — doe eyes, puffy lips, large breasts — is ultimately rather conventional.

"Plus-size models still have to fit into a very specific size range — one that doesn't reflect the majority of women — and even the 'quirky, intelligent' celebrities like Tina Fey still look like most people's prom queen," Maddeaux argues. "Clearly, editorial teams are still way behind the curve on this."

Even though our culture lacks a single personification, there's still a set of standards of beauty and physique that the media continues to enforce, says Kimberly Moffit, a Toronto-based psychotherapist. "I think that can be discouraging for young women."

Both Moffit and Maddeaux are concerned about the idolization of single body parts — Pippa Middleton's butt, Scarlett Johansson's lips, a skinny runway model's "thigh gap."

"The rate at which we speed through icons, and fragmentize them, is actually much more de-humanizing than what we saw in decades past," Maddeaux says.

The transience of contemporary beauty icons has come with its own problems, but there is still a healthier balance than once existed.

"Think about Twiggy and how specific that body type was," Moffit says. "There were probably some women that really struggled because they saw pictures of Twiggy and wished that they could be like her."

When there is a dominant ideal of beauty — whether it's a blond woman with large breasts or a waifish woman with round eyes — we are less likely to see our own qualities as attractive.

A U.K. study published last year found evidence that our "visual diet" affects our acceptance of larger shapes and sizes. The authors say women who were shown pictures of heavier models were afterward more likely to accept theirs as an ideal body type.

If the study is right, then seeing more women with peculiar features like Thorn's praised for their looks may make us feel more accepting of our own.

Cover models not just pretty faces

There are a wide range of cover girls these days because the women's magazine industry is more fragmented, says Kerry Mitchell, a former publisher of women's magazines including Chatelaine and Flare.

"Media is just much more interactive. It's far easier now for consumers to align themselves with groups or tribes they have a particular affinity for," says Mitchell. "One group's idea of beauty or style can be very different than another's and that's OK."

Women have different expectations of different magazines, and cover models and the way they are — or aren't — written about must align with them, she says.

In fashion magazines, "the height of visual artistry is the appeal and you're less interested in the woman. But, in others, looking behind the veil and learning about the life behind the look is highly appealing," she says. For example, Mitchell places Canadian supermodel Coco Rocha among the top of today's beauty icons, in part because she has, over time, connected with a segment of the fashion audience as a person.

"She can be reflected now not just as a canvas for portraying the latest in some great designer's imagination. She has an authentic and legitimate appeal to the women who really care what she has to say," Mitchell says.

No matter what kind of women's magazine a woman is reading, beauty is part of the allure, says Mitchell. "Beautiful visuals and an aspirational quality are always part of the appeal of sinking into your favourite magazine." **JESSICA SMITH/METRO**

That's hot

Gossip columns obsess over it, magazines search for it and Paris Hilton trademarked the phrase, but our concept of what's hot seems to change too quickly to truly define. Beauty, on the other hand, is a little different.

"When I look at what's beautiful, that's people who have a classic beauty," says Lisa Tant, vice-president, fashion editor at Holt Renfrew. "Hot is what's sexy. (It changes) all the time. With Twitter, it can change tomorrow."

According to Dr. Peter Adamson, an otolaryngologist (head and neck surgeon) practising in facial plastic surgery, what we find hot, or attractive, is based on a composite of the hundreds of people we see around us. But apprehending beauty, says Adamson, isn't a matter of opinion so much as a matter of hormones.

"The features we find beautiful are those features we know are derived from high estrogen levels (in women)," he says, adding that high estrogen levels mean high fertility.

For a woman, these features include larger eyes, a smaller nose, a short, triangular jaw line and high cheekbones. For a man, beauty is based on features derived from high levels of androgen, he says. This means smaller eyes, lower brows, a square face, a strong jaw and a bigger nose.

"It's a very hard-wired thing. It's been with us for generations and generations," Adamson says.

Globalization of beauty

There may never be another Marilyn Monroe. Tant is OK with that. According to Tant, there has been a major shift in the beauty world.

"When Marilyn Monroe was considered the look of the decade ... people didn't have a voice. Now, our standard of beauty is much more universal," she says.

The proof is in the magazines, which feature models and celebrities from all over the world. Blond hair and blue eyes have been replaced with an array of different colours.

"The No. 1 model in the world — her name is Joan Smalls; she's from Puerto Rico.... She's not blond hair and blue eyes. Fashion now is global," Tant says.

Adamson not only agrees with Tant; he can explain the phenomenon.

"The beauty ideal is changing, so the reason it's changing is that we're seeing the globalization of beauty," he says.

This shift in beauty has to do with immigration and social media. The more we see different cultures around us, the more we want to emulate their looks.

"The point is, there are many different celebrity and beauty icons today, and they're not all Caucasian, whereas 50 years ago they were," Adamson says. **RITA POLIAKOV/METRO**

Joan Smalls
GETTY IMAGES FILE

Photo credits: Marilyn Monroe: Michael Ochs Archives/Getty Images File; Twiggy: The Associated Press File; Farrah Fawcett: Hulton Archive/Getty Images File; Brooke Shields: Getty Images File; Naomi Campbell: Martial Trezzini/Keystone/The Associated Press File; Gisele Bundchen: Getty Images File

Q4. Lululemon says pants recall put customer loyalty ahead of, er, bottom line

Lululemon Athletica Inc., the Vancouver-based retailer of workout gear, admits the recent recall of its black Luon pants will put the pinch on earnings this year, but says keeping customer loyalty is paramount.

"Delivering the top quality our guests expect is a critical factor in our differentiation in the marketplace," CEO Christine Day said in delivering an upbeat fourth-quarter earnings report Thursday that slightly exceeded the expectations of analysts.

The company, which operates 211 stores in North America and Australia, said earlier this week it was pulling some of its stretchy black pants from its shelves because of manufacturing problems that made them too sheer.

Day said it wasn't known whether it was the ingredients, specific manufacturers or problems with the manufacturing process that caused the black Luon pants to be too sheer.

THE CANADIAN PRESS

Advanced quality control

"The only way that you can actually test for the issue is to put the pants on and bend over."

Lululemon Athletica CEO Christine Day

Market Minute

DOLLAR 97.63¢ (+0.11¢)

TSX 12,747.87 (-78.68)

OIL $92.45 US (-$1.05)

GOLD $1,613.80 US (+$6.30)

Natural gas: $3.93 US (-3¢)
Dow Jones: 14,421.49 (-90.24)

Assad supporters hack BBC Twitter accounts

A screenshot of the BBC weather service's Twitter account on Thursday, after it was hacked along with two other BBC accounts. THE ASSOCIATED PRESS

Online security. Prank is latest in string of web attacks by group called Syrian Electronic Army

Supporters of Syrian President Bashar Assad hijacked the Twitter accounts of the BBC's weather and Arabic services on Thursday and posted messages that were by turns political, anti-Semitic and comical.

The BBC confirmed that several accounts had been hacked, saying that it is "actively working" on the issues and expected them to be resolved shortly.

The hackers identified themselves as members of the Syrian Electronic Army, a group that has carried out a string of web attacks against targets such as Al-Jazeera, which it sees as sympathetic to Syria's rebels.

The BBC Weather, BBC Arabic and BBC Radio Ulster accounts appear to have been the targets. Among the messages posted on the BBC Weather Twitter account were "Long Live Syria Al-Assad" and "Saudi weather station down due to head-on collision with camel."

THE ASSOCIATED PRESS

Vatican bat signal

- One of the Vatican's main Twitter accounts, @pccs-va, and the website of its communications office were running stories about Batman on Thursday, raising concerns they might have been hacked.
- But Vatican communications adviser Greg Burke said the sites had not been hacked and that the story is a legitimate Catholic News Service story. "Admittedly some people might have been thrown off by the headline," he said.

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Overtime pay

Class-action suits against Scotiabank, CIBC can proceed

The Supreme Court of Canada has cleared the way for two class-action lawsuits against CIBC and Scotiabank seeking hundreds of millions of dollars to go ahead. The lawsuits allege thousands of workers were denied overtime pay even though they were assigned more work than could be completed within their standard hours. THE CANADIAN PRESS

Banking. TD Canada Trust website is forced offline by denial-of-service attack

TD Canada Trust says it was hit by a "targeted" cyber attack Thursday, forcing its banking website and mobile banking service to go offline for several hours. The bank says the denial-of-service attack occurred mid-morning and prevented its customers from logging on to its website and mobile site.

A denial-of-service attack occurs when hackers flood a website with a large amount of fake traffic, thus preventing others from gaining access.

Bank spokeswoman Barbara Timmins said the attack had no effect on clients' personal information or accounts and that most of the services were up and running by mid-afternoon. "This was a service disruption issue," Timmins said. "There was no compromise to customer data." The breach did not affect branch banking, telephone banking or ATMs.

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WHEN LIFE GIVES YOU SHEER LEMONS

THE METRO LIST
Paul Sullivan
metronews.ca

1 Lulu of a lemon. Yoga togs manufacturer recalls its Luon yoga pants because if you look closely enough, you can see through them. I'm not sure why that's a problem, but the recall has led to a critical yoga-pants shortage (really?). On the other hand, it's led to an over-abundance of clever headlines, like this one from fashionista.com: I See London, I See France: Lululemon Recalls See-through Yoga Pants.

2 Don't cry for me, Argentina. But you can say a prayer if you like. The first non-European pope in a zillion years channels the beloved St. Francis of Assisi and advocates on behalf of the poor and the environment. But if you're a gay couple that wants to get married, save your prayer for the next one, maybe.

3 Global village idiot. Let me see if I've got this: Cyprus, the world's 159th biggest country, is a tax haven for Russian oligarchs. Its banks invest in Greece (not smart); then Greece goes belly-up, and Cyprus wants a bailout. The EU tells Cyprus to eat baklava, so Cyprus gets the bright idea to plunder people's personal savings, but before they can, the Russian oligarchs take all their money out of Cypriot banks. This has led to unstable markets around the world. It's random, dude …

4 Crouching Tiger, hidden dragon lady? Tiger Woods and Lindsey Vonn are dating. He's won 76 PGA tour events and she's won 59 World Cup ski races. She's been the athlete of the year (2010). He's been the athlete of the decade (2009). I'm already looking forward to the breakup. Should be world-class.

5 Lean in, fall down. OK, girlfriend, you're trying to make partner at a national law firm, you're getting your master's in quantum physics, you have two children in pre-Ivy league boarding school, you're a gourmet cook, you're the CEO of home. Now you have to read this stupid book by some Facebook COO that says you're not trying hard enough to rule the world. Lean in on this, Sheryl Sandberg.

6 Fiscal fine print. Thursday's federal budget was pretty boring unless you're a tax lawyer or a business editor. Except for this item: Ottawa to raise tariff on goods from 72 countries, except baby clothes and hockey equipment, which are exempt. So that's Stephen Harper's plan for Canada.

7 2013, A Space Oddity. Voyager 1, launched in 1977, is now 12 billion miles from home, and according to the American Geophysical Union, it has left the solar system. Then, a few hours later, the AGU backed off its original statement, saying only that the little vessel has entered a new region of space. Could be the first recorded case of cosmic premature ejaculation.

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ZOOM

Toronto birds hitting the wall

THE CANADIAN PRESS

ROM exhibits thousands of dead birds

The bodies of about 2,400 birds that died in collisions with buildings while trying to navigate through Toronto's skyline were on display at the Royal Ontario Museum in Toronto Thursday.

The exhibit is part of an annual public awareness campaign launched by the Fatal Light Awareness Program.
THE CANADIAN PRESS

Look out

1M

The exhibit includes 91 species and represents only a small sample of the estimated one million birds that die annually in collisions with Toronto buildings, mostly office towers.

Charges dropped against developer

Last month, an Ontario judge found that the owner of a Toronto office building was responsible for the deaths of hundreds of birds that flew into its highly reflective windows. However, the judge acquitted the owner because it did due diligence in trying to rectify the problem. **THE CANADIAN PRESS**

Clickbait

ANDREW FIFIELD
andrew.fifield@metronews.ca

If you're reading this on transit, chances are good there's an ad for a radio station nearby. Chances are equally good it's pushing the same handful of artists you can hear just as easily by shopping at the mall. So why not check out these Canadian music blogs and discover something new?

GETTY

Silent Shout
Named after The Knife's revered 2006 album, it's the ultimate bookmark for those who like their electronic music dark and a little menacing. (silentshout.ca)

Weird Canada
Whatever genre is your jam, this relentless crew will find gold for you. Bonus feature: the vivid song descriptions are second to none. (weirdcanada.com)

Quick Before It Melts
A daily dose of gems from Canadian bands, reliably curated with impeccable taste. (quickbeforeitmelts.com)

Twitter

@metropicks asked: Cheaper gas? More housing? What would you like to see included in the federal budget? #eap13

@ibew_sparky: raise minimum wage

@seanorr: A completely re-worked economy favouring renewable energy and not hinged on constant growth at any cost, divestment in military

@Samyzz: I would like there to be more housing, including for youth in poverty. Also more financial aid to those unemployed for a year.

@ermahgerd_amber: #toronto without #robford. that's gotta be within the budget, somewhere. #eap13 #TOpoli

@Jordan_Daniels: #eap13 A look at how to make #Vancouver a more affordable place to live! Then we would be the BEST PLACE TO LIVE!

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Send us your comments: ottawaletters@metronews.ca

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Synopsis

When a judgment call costs him his job as a personal security guard to the president of the United States (Aaron Eckhart), Mike Banning (Gerard Butler) is reassigned to a desk job in the Treasury Department. He wants his old job back and a second chance to show he has the right stuff. He gets another crack at it when North Korean terrorists invade Washington, overtake the White House, killing POTUS's entire security team and kidnapping the prez. As the only man left with a gun and knowledge of the White House's security systems, he alone must protect the future of the free world!

- Richard: ●●●○○
- Mark: ●●●○○

Gerard Butler is the only one who can save the day in Olympus Has Fallen. HANDOUT

Reel Guys

RICHARD CROUSE AND MARK BRESLIN

Fallin' for the action

Olympus Has Fallen.
By-the-book hostage flick is full of bombs, bodies and bad guys

Richard: Olympus Has Fallen is about as standard as action movies get. It's so standard that the two most presidential of actors — Aaron Eckhart and Morgan Freeman — both play the Commander in Chief. This movie has everything you expect, which, if you have low expectations — and you should — is guns, bombs and at least one character who comforts a mortally wounded man with the words, "C'mon! Hang in there!"

Imagine Red Dawn with fewer teenagers and a bigger body count.

Mark: With a plot ripped from the pages of season 3 of 24, the movie still satisfies the craving for high body count and low originality. If you like to think one man can make a difference then this is the film for you. A B minus movie to be sure but with A level actors and direction.

RC: I liked how director Antoine "Training Day" Fuqua embraces the '80s-style B-movieness of it all. It's all bash, boom, bang with a side of motive — evil North Korean mastermind Rick Yune wants to reignite the Korean civil war the U.S. interrupted — and the kind of patriotism that only ever shows up in movies like this. For example, Banning crushes a bad guy's skull with a statue of Abraham Lincoln.

MB: I think this movie might have a different effect on Canadian audiences who wouldn't be quite so moved to patriotism. And remember, when some nutcase stormed into 24 Sussex during the Chrétien era, the PM brained him with an Eskimo carving. Game over!

RC: Ha! This movie isn't really about the patriotism, or any of that flag-waving stuff. It's all about the body count. The first 20 minutes or so is spent on "character development," an attempt to make stock characters — like the charming but fearless Secret Service agent — but it really begins with the audacious attack and the ensuing mayhem. I think if you had a poster of Dolph Lundgren on your wall in 1984 or rent JCVD movies today you'll likely find a kindred spirit in Olympus Has Fallen.

MB: Still, I enjoyed this movie because I'm partial to thrillers that take place in one defined space. You mentioned Lundgren but I'm thinking the lead might have been played by Bruce Willis in his early Die Hard days.

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Actress has no trouble with a double

The Host. Saoirse Ronan had fun with duelling roles in Stephenie Meyer's latest imagining

NED EHRBAR
Metro World News in Hollywood

Saoirse Ronan, right, stars in The Host, which opens next Friday. HANDOUT

Talking to herself comes naturally to young Irish actress Saoirse Ronan, so her dual roles in The Host weren't really that daunting. In the film — based on Twilight author Stephenie Meyer's novel — Ronan plays a human named Melanie living in a future where alien parasites have come to earth and lodged themselves in the brains of humans, taking over their bodies and fixing the planet in the process. Melanie gets implanted, leading to the alien Wanda taking over her body, but with one complication: Melanie doesn't go away, remaining as a rather upset voice in Wanda's head.

That means a good amount of the movie consists of Ronan having conversations with her own voiceover. "That was a big question for me when I was going into it was how we were going to do this," Ronan says. Eventually, she and director Andrew Niccol settled on an earpiece that would transmit Ronan's prerecorded Melanie dialogue on Niccol's cue, something none of Ronan's co-stars could hear. "I talk to myself so much anyway that it was just like a normal day for me," she says. "So it was a very natural thing for me to talk to myself."

While Meyer's mega-hit vampire series revolved around a love triangle between a human girl, a vampire and a werewolf, she clearly felt the need to up the complexity factor for her followup. In The Host, Melanie has a boyfriend (Max Irons) from before she becomes inhabited, which becomes more of a problem when another human survivor (Jake Abel) becomes interested in Wanda — while she's inhabiting Melanie's body. So what exactly do we call a situation like that? It's not exactly a love triangle anymore.

"We're saying it's a love square," Ronan says. "Or a love rectangle, or I think a love parallelogram is another. I quite like that one. It's kind of impressive. So yeah, you can take your pick. As long as it has four sides, you know."

Quoted

"I talk to myself so much anyway that it was just like a normal day for me."

Saoirse Ronan on having dialogue with herself in The Host

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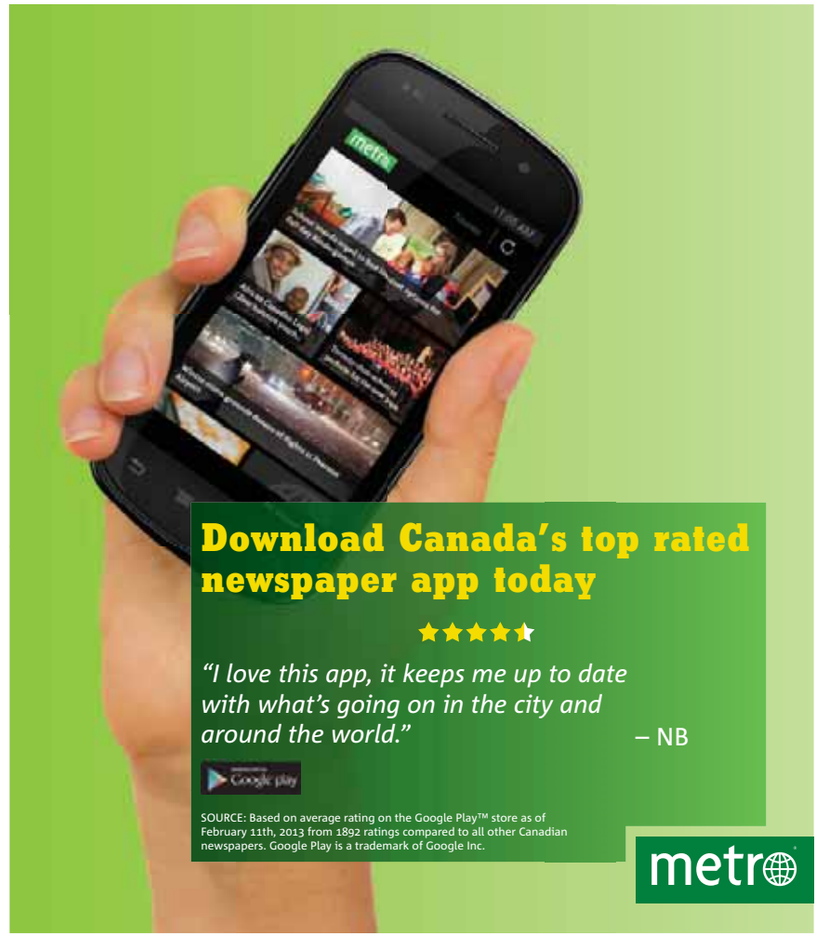
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metro

Comedy

Admission

Director. Paul Weitz

Stars. Tina Fey, Paul Rudd

As an uptight admissions officer for Princeton University, Tina Fey brings the fragility of 30 Rock's Liz Lemon but hardly as many laughs. When she unwittingly falls for a new-age teacher (Rudd) attempting to get his autodidact student accepted, she's forced to face some harsh truths. Fey may battle contrived plotting and being upstaged by her underused feminist mother (Lily Tomlin), but Admission is still smarter than the average adult comedy.

STEVE GOW

Family/Animation

The Croods

Directors. Chris Sanders, Kirk De Micco

Stars. Nicolas Cage, Emma Stone

In Hollywood, what goes around comes around and so I suppose it's time for a new version of The Flintstones. The Croods is the new modern stone-age family — only this clan is so nervous of colourful prehistoric creatures, they rarely leave their beloved cave — except for their restless daughter of course. While there's nothing quite original in the juvenile dialogue, a few worthy gags and a frantic pace certainly keeps The Croods from ever being a snooze. **STEVE GOW**

Drama

Stoker

Stars. Nicole Kidman, Matthew Goode, Dermot Mulroney

Director. Chan-Wook Park

The first English-language film from Korean master Chan-Wook Park, Stoker is a slow burn of a movie involving the Stoker family — mother Evie, daughter India and creepy uncle Charlie. Stoker is a sexual/psychological drama with overtones of incest, mental illness and infidelity. Question is, will it keep audiences entertained? Possibly, but the uneasy feel of the film and deliberate aloofness of the characters may be off-putting.

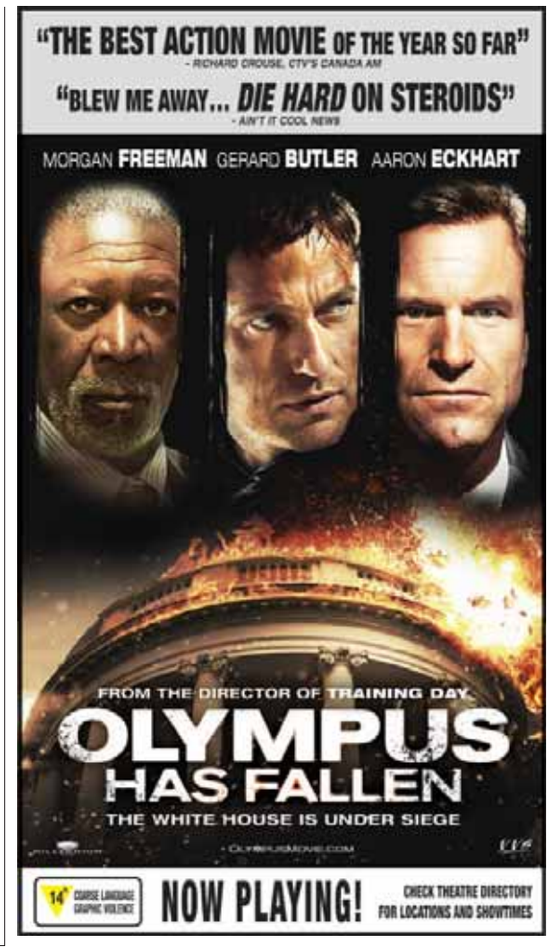
RICHARD CROUSE

Quoted

"I've been doing it too much.

"I've lost perspective on what I'm doing. I think it's good for me to take a break and reassess why I'm doing it and how I'm doing it. And I think this is probably a good way to learn about that. I need a break from myself as much as I imagine the audience does."

Ryan Gosling, who has two films out this spring, including The Place Beyond the Pines, on taking a break from acting
THE ASSOCIATED PRESS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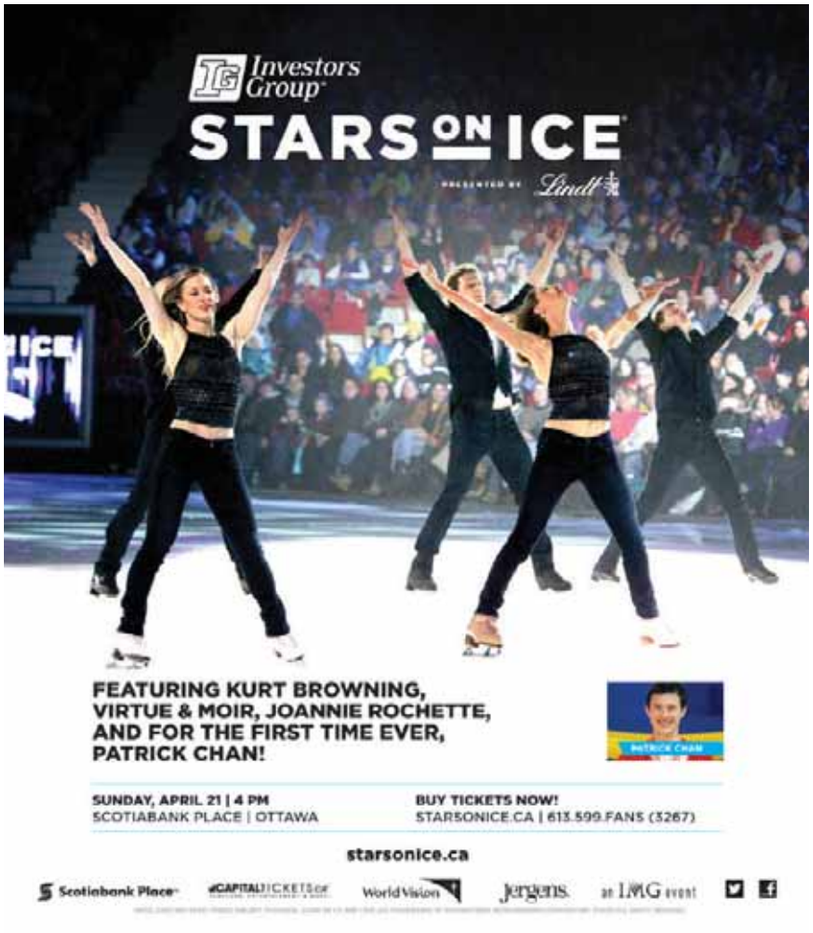

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The Call (14A) Fri-Sun 1:05-3:30-5:55-8:20-10:45 Mon-Wed 5:25-7:40-10:05 Thu 1:50-5:25-7:40-10:05
The Croods (G) No Passes Fri-Sun 1:40-4:10 No Passes Mon-Wed 4:10 No Passes Thu 1:35-4:10
The Croods 3D (G) No Passes Fri-Thu 7-9:30 No Passes Fri-Sun 12:10-2:40-5:10-7:40-10:10 No Passes Mon-Wed 5:10-7:40-10:10 No Passes Thu 2-5:10-7:40-10:10
Escape From Planet Earth (PG) Fri-Sun 12:40-3:10-5:35 Mon-Tue 4:30
G.I. Joe: Retaliation (STC) No Passes Wed 7-9:45 No Passes Thu 1:15-4-7-9:45
G.I. Joe: Retaliation 3D (STC) No Passes Wed 7:15-10 No Passes Thu 1:45-4:30-7:15-10
A Good Day to Die Hard (14A) Fri 12:20-2:45-5:20-7:55-10:30 Sat 5:20-7:55-10:30 Sun 12:20-2:45-5:20-7:55-10:30 Mon 4:50-10 Tue 4:50-7:25-10
The Host (PG) Thu 9:45
Identity Thief (14A) Fri-Sun 12-2:35-5:15-7:50-10:30 Mon-Tue 4:40-7:20-10 Wed 4:40-7:20 Thu 1:40-4:40-7:20
The Incredible Burt Wonderstone (PG) Fri-Sun 12:35-3:05-5:30-8:05-10:35 Mon-Thu 5-7:35-10:05 Star & Strollers Screening Thu 1
Jack the Giant Slayer (PG) Fri-Sun 1:20-4:15-7-9:45 Mon-Tue 4-6:55-9:30 Wed 4-6:40-10 Thu 1:25-4-10
John Dies at the End (STC) Wed 9:30
The Metropolitan Opera: Maria Stuarda Encore (STC) Sat 12
Olympus Has Fallen (14A) Fri-Sun 1:50-4:40-7:30-10:25 Mon-Wed 4:10-7:10-10:15 Thu 1:20-4:10-7:10-10:15
Oz the Great and Powerful (PG) Fri-Sun 12:50-3:50-6:45-9:45 Mon-Thu 3:50-6:45-9:45
Oz the Great and Powerful 3D (PG) Fri-Sun 1:20-4:20-7:15-10:15 Mon-Wed 4:20-7:15-10:15 Thu 1:10-4:20-7:15-10:15

Empire 7 Cinemas
111 Albert St. 3rd Floor
World Exchange Plaza
613-233-0209

Admission (PG) Dolby Stereo Fri 3:40-6:10-9 Dolby Stereo Sat-Sun 12:50-3:40-6:10-9 Dolby Stereo Mon 3:40-6:10-9 Dolby Stereo Tue 12:50-3:40-6:10-9 Dolby Stereo Wed-Thu 3:40-6:10-9
The Call (14A) Dolby Stereo Fri 4-7-9:40 Dolby Stereo Sat-Sun 1-4-7-9:40 Dolby Stereo Mon 4-7-9:40 Dolby Stereo Tue 1-4-7-9:40 Dolby Stereo Wed-Thu 4-7-9:20
G.I. Joe: Retaliation (STC) Dolby Stereo, No Passes Thu 7
G.I. Joe: Retaliation 3D (STC) Dolby Stereo, No Passes Wed 7:10-9:50 Dolby Stereo, No Passes Thu 4-9:50
The Incredible Burt Wonderstone (PG) Dolby Stereo Fri 3:50-6:30-9:10 Dolby Stereo Sat-Sun 12:40-3:50-6:30-9:10 Dolby Stereo Mon 3:50-6:30-9:10 Dolby Stereo Tue 12:40-3:50-6:30-9:10 Dolby Stereo Wed 3:50-9:10 Dolby Stereo Thu 3:50-6:30-9:20
Life of Pi (PG) Dolby Stereo Fri 3:20-6:20-9:20 Dolby Stereo Sat-Sun 12:20-3:20-6:20-9:20 Dolby Stereo Mon 3:20-6:20-9:20 Dolby Stereo Tue 12:20-3:20-6:20-9:20 Dolby Stereo Wed 3:20
Olympus Has Fallen (14A) Dolby Stereo Fri 3:30-6:40-9:20 Dolby Stereo Sat-Sun 12:30-3:30-6:40-9:20 Dolby Stereo Mon 3:30-6:40-9:20 Dolby Stereo Tue 12:30-3:30-6:40-9:20 Dolby Stereo Wed 3:30-6:20-9:45 Dolby Stereo Thu 3:30-6:20-9:10
Oz the Great and Powerful (PG) Dolby Stereo Fri 9:30 Dolby Stereo Sat-Sun 12:20-9:30 Dolby Stereo Mon 9:30 Dolby Stereo Tue 12:20-9:30 Dolby Stereo Wed-Thu 9:30
Oz the Great and Powerful 3D (PG) Dolby Stereo Fri-Thu 3:20-6:30
Stoker (14A) Dolby Stereo Fri 3:45-6:50-9:40 Dolby Stereo Sat-Sun 1-3:45-6:50-9:40 Dolby Stereo Mon 3:45-6:50-9:40 Dolby Stereo Tue 1-3:45-6:50-9:40 Dolby Stereo Wed-Thu 3:45-6:50-9:40

Mayfair Theatre
1074 Bank St. 613-730-3403

Clash of the Titans (STC) Sun 3:30 Mon 7
Holy Motors (14A) Mon 9:30 Tue 9:45
Leviathan (PG) Fri-Sat 9:45 Wed-Thu 9:45
Miami Connection (STC) Fri 11:45 Sun 9
Les Misérables (PG) Fri 6:30 Sat 6:15 Sun 6 Tue-Thu 6:30
The Room (STC) Sat 11:30
Star Trek II: The Wrath of Khan (STC) Sat 11:30
Star Trek III: The Search for Spock (STC) Sat 1:45
Star Trek IV: The Voyage Home (STC) Sat 3:45

Rainbow Cinemas
St. Laurent Centre
1200 St. Laurent Blvd.
613-688-0850

Django Unchained (18A) Fri-Thu 12:40-7
Hansel & Gretel: Witch Hunters (14A) Fri-Sat 7:10-9:10 Sun-Mon 9:10 Tue 7:10-9:10 Wed 9:10 Thu 7:10-9:10 Open Captioned Sun 7:10
The Hobbit: An Unexpected Journey (PG) Fri-Thu 10:05-4:30
The Impossible (PG) Fri-Thu 10:30-4
Les Misérables (PG) Fri-Sat 9:55-7:30 Sun 7:30 Mon-Thu 9:55-7:30
Parental Guidance (G) Fri-Thu 10:20-4:20
Rise of the Guardians (G) Fri-Thu 12:50-2:50-5:10
Safe Haven (PG) Fri-Wed 1:10-6:40-9:05 Thu 6:40-9:05 Thu 1:10
Wreck-It Ralph (PG) Fri-Thu 10-12:15-2:35-4:55
Zero Dark Thirty (14A) Fri-Thu 1:20-8

South Keys
2214 Bank St. 613-736-1115

21 and Over (14A) Fri-Tue 7:10-9:20
Admission (PG) Fri-Thu 11:30-2:05-4:40-7:15-9:55
The Call (14A) Fri-Thu 12:20-2:45-5:10-7:35-10
Chitty Chitty Bang Bang (G) Sat 11
The Croods (G) No Passes Fri-Tue 10:30-12:55-3:25 No Passes Wed 10:30-12:55-3:25-6:55-9:25 No Passes Thu 10:30-12:55-3:25-6:15-8:45-10
The Croods 3D (G) No Passes Fri-Wed 6:15-8:45 No Passes Thu 11:25-1:55-4:05-6:55 No Passes Fri-Tue 11:25-1:55-4:25-6:55-9:25 No Passes Wed 11:25-1:55-4:25
Escape From Planet Earth (PG) Fri-Wed 10:25-12:30-2:40-4:50
G.I. Joe: Retaliation (STC) No Passes Thu 10:15-1-3:40-6:30-9:20
G.I. Joe: Retaliation 3D (STC) No Passes Wed 7:15-10 No Passes Thu 11:15-1:55-4:35-7:15-10
The Host (PG) Thu 9:15
Identity Thief (14A) Fri 11:15-2-4:35-7:20-9:55 Sat 2-4:35-7:20-9:55 Sun-Wed 11:15-2-4:35-7:20-9:55 Thu 10:40-1:20-3:50-6:35
The Incredible Burt Wonderstone (PG) Fri-Thu 11:55-2:25-4:55-7:25-10
Jack the Giant Slayer (PG) Fri-Tue 10:45-1:30-4:15-7:05-9:35 Wed 11:10-1:30-4:15-9:50 Thu 10:45-1:30-4:15-7:05-9:35
Life of Pi 3D (PG) Fri-Tue 10:25-1:10-3:55-6:40-9:30 Wed-Thu 10:25-1:10-3:55-9:30
The Metropolitan Opera: Maria Stuarda Encore (STC) Sat 12
Olympus Has Fallen (14A) Fri-Thu 10:20-1:05-4-6:45-9:40
Oz the Great and Powerful 3D (PG) Fri 10:20-1:15-4:10-7-9:50 Sat 1:15-4:10-7-9:50 Sun-Thu 10:20-1:15-4:10-7-9:50
Royal Opera House: Alice's Adventures in Wonderland (STC) Thu 7:30
Silver Linings Playbook (14A) Fri 10:35-1:25-4:05-6:50-9:45 Sat 4:05-6:50-9:45 Sun-Wed 10:35-1:25-4:05-6:50-9:45

Gatineau

Canadian Museum of civilization
100 rue Laurier
819-776-7010

Les Dauphins (STC) Tue 9:45-10:45
Le dernier récif 3D (STC) Fri 4-8 Sat 10:45-12:55 Sun-Mon 12:55 Tue 12:55-4 Wed 4-8 Thu 12:55-4
Flight of the Butterflies 3D (STC) Fri-Sat 3 Sun-Mon 10:45-3 Tue 3 Wed 10:45-3 Thu 3
L' incroyable voyage des papillons 3D (STC) Fri 12:55 Sat-Sun 4 Wed 12:55
The Last Reef: Cities Beneath the Sea 3D (STC) Fri 11:50-2-5 Sat 11:50-2-5-8 Sun 11:50-2-5 Mon 11:50-2 Tue 11:50-2-5-8 Wed 11:50-2-5 Thu 11:50-2-5-8
Momies: Secret des Pharaons (STC) Thu 9:45-10:45
Nés pour être libres (STC) Thu 12:55
Space Station (STC) Fri 6 Sat 6-7 Sun 7 Tue 7 Wed 6 Thu 6-7
Station spatiale (STC) Fri 7 Sun 6 Tue 6 Wed 7

Cinéma des Galeries d'Aylmer
400 boul. Wilfrid-Lavigne
819-248-2526

Astro (STC) Sat 10
The Croods (STC) Thu 6:50
Les Croods (STC) Thu 9:10
Les Croods 3D (STC) Fri-Sun 3:10-9:10 Tue 3:10-9:10 Wed 9:10
The Croods 3D (STC) Fri-Tue 12:50-6:50 Wed 6:50
G.I. Joe: Retaliation 3D (STC) Thu 7-9:30
Oz the Great and Powerful (STC) Fri-Sun 12:40-3:20-6:40-9:20 Mon 12:40-6:40 Tue 12:40-3:20-6:40-9:20 Wed 6:40-9:20

Ciné-starz
1100 boul. Maloney Ouest
819-568-8000

Le bon côté des choses (G) Fri-Sun 4-7:15-9:25 Mon-Thu 1:45-7:25-9:35
Hansel & Gretel: Chasseurs de sorcières (STC) Fri-Sun 4:05-5:40 Mon-Thu 12-9:20
L'histoire de Pi (G) Mon-Thu 4:20
L'impossible (13+) Fri-Sun 5:15-7:15-9:15 Mon-Thu 2:10-6:20-8:20
Lincoln (G) Mon-Thu 1:45-6:05
Mama (13+) Fri-Sun 6:10-7:55-9:40 Mon-Thu 12-4:20-8:45
Les Misérables (G) Fri-Sun 9:20 Mon-Thu 1:35-6:35
Les mondes de Ralph (STC) Fri-Sun 12-1:55-3:50
Les Pee Wee: L'hiver qui a changé ma vie (G) Fri-Sun 12-1:50 Mon-Thu 4-4:10
Le réveil des gardiens (G) Fri-Sun 12-1:45-3:30-7:35 Mon-Thu 12-3:55-5:40
Surveillance parentale (G) Fri-Sun 12-2:10-5:45

Gatineau 9
120 boul. de l'Hôpital
819-568-6070

Admission (STC) Fri-Sun 1:20-4-7:15-9:45 Mon 7:15-9:45 Tue 1:20-4-7:15-9:45 Wed-Thu 7:15-9:45
Assaut sur la Maison Blanche (13+) Fri-Sun 12:45-3:30-6:50-9:35 Mon 6:50-9:35 Tue 12:45-3:30-6:50-9:35 Wed-Thu 6:50-9:35
Astérix et Obélix: Au service de sa Majesté (STC) Fri-Sun 1:10-7:25 Mon 7:25 Tue 1:10-7:25 Wed-Thu 7:25
Les Croods 3D (STC) Fri-Sun 1:15-3:40-7:05-9:15 Mon 7:05-9:15 Tue 1:15-3:40-7:05-9:15 Wed-Thu 7:05-9:15
Le Festival du film de l'Outaouais (STC) Fri-Sun 1-3-5-7-9 Mon 5-7-9 Tue 1-3-5-7-9 Wed-Thu 5-7-9
Jack le chasseur de géants (G) Fri-Sun 12:15-6:45 Mon 6:45 Tue 12:15-6:45 Wed-Thu 6:45
L'appel (13+) Fri-Sun 1:20-3:25-7-9:20 Mon 7-9:20 Tue 1:20-3:25-7-9:20 Wed-Thu 7-9:20
Majeur et vacciné (13+) Fri-Sun 3:45-9:50 Mon 9:50 Tue 3:45-9:50 Wed-Thu 9:50
Mes héros (G) Fri-Sun 2:45-8:45 Mon 8:45 Tue 2:45-8:45 Wed-Thu 8:45
Oz le magnifique 3D (STC) Fri-Sun 12:30-3:20-6:30-9:25 Mon 6:30-9:25 Tue 12:30-3:20-6:30-9:25 Wed-Thu 6:30-9:25

StarCité Hull
115 boul. du Plateau
819-770-1090

21 and Over (13+) Fri 11:30-1:40-3:55-6:10-8:25-10:40 Sat 1:40-3:55-6:10-8:25-10:40 Sun 11:30-1:40-3:55-6:10-8:25-10:40 Mon 7:40-9:55 Tue 11:30-1:40-3:55-6:10-8:25-10:40
Admission (STC) Fri-Sun 12:20-2:55-5:30-8:05-10:40 Mon 7:15-9:50 Tue 12:20-2:55-5:30-8:05-10:40 Wed-Thu 7:15-9:50
Star & Strollers Screening Thu 1:30
Assaut sur la Maison Blanche (13+) Fri-Sun 1:45-4:30-7:15-10 Mon 7:15-10 Tue 1:45-4:30-7:15-10 Wed-Thu 7:15-10 Thu 1
Astérix et Obélix: Au service de sa Majesté (STC) Fri 11:40-2:15-4:50-7:25-10 Sat 4:50-7:25-10 Sun 11:40-2:15-4:50-7:25-10 Mon 7:25-10 Tue 11:40-2:15-4:50-7:25-10 Wed-Thu 7:30-10:05
The Call (13+) Fri 1:05-3:25-5:45-8:05-10:25 Sat-Sun 11:30-1:05-3:25-5:45-8:05-10:25 Mon 8:05-10:25 Tue 11:30-1:05-3:25-5:45-8:05-10:25 Wed-Thu 8:05-10:25
Chitty Chitty Bang Bang (G) Sat 11 Sat 11
The Croods (STC) No Passes Fri-Sun 11:40-2:05-4:30-6:55-9:20 No Passes Mon 6:55-9:20 No Passes Tue 11:40-2:05-4:30-6:55-9:20 No Passes Wed-Thu 6:55-9:20
Les Croods 3D (STC) No Passes Fri-Sun 11:35-12:10-2:35-5-7:25-9:50 No Passes Mon 7:25-9:50 No Passes Tue 11:35-12:10-2:35-5-7:25-9:50 No Passes Wed-Thu 7:25-9:50
Fuyons la planète Terre (STC) Fri-Sun 11:30-12:50-3:05-5:20-7:35-9:50 Mon 7:35-9:50 Tue 11:30-12:50-3:05-5:20-7:35-9:50 Wed 7:35-9:50 Thu 7:35
G.I. Joe: les représailles 3D (STC) No Passes Wed-Thu 7:30-10:05
G.I. Joe: Retaliation 3D (STC) No Passes Wed-Thu 7:45-10:20
The Host (STC) Thu 9:50
Identity Thief (STC) Fri 11:30-4:45-10 Sat 4:45-10 Sun 11:30-4:45-10 Mon 10 Tue 11:30-4:45-10
The Incredible Burt Wonderstone (G) Fri-Sun 1-3:25-5:50-8:15-10:40 Mon 7:30-9:55 Tue 1-3:25-5:50-8:15-10:40 Wed-Thu 7:30-9:55
Jack le chasseur de géants (G) Fri-Sun 11:45-2:25-5:05-7:45-10:25 Mon 7:45-10:25 Tue 11:45-2:25-5:05-7:45-10:25 Wed-Thu 7:45-10:25
Jack the Giant Slayer (G) Fri-Sun 12:05-2:45-5:25-8:05-10:45 Mon 7:10-9:50 Tue 12:05-2:45-5:25-8:05-10:45 Wed-Thu 7:10-9:50
The Metropolitan Opera: Maria Stuarda Encore (STC) Sat 12
Olympus Has Fallen (13+) Fri-Sun 11:30-2:10-4:55-7:40-10:25 Mon 7:40-10:25 Tue 11:30-2:10-4:55-7:40-10:25 Wed-Thu 7:40-10:25
Oz le magnifique (STC) Fri-Sun 1:30-4:25 Tue 1:30-4:25
Oz le magnifique 3D (STC) Fri-Thu 7:20-10:15
Oz the Great and Powerful 3D (STC) Fri-Sun 2-4:55-7:50-10:45 Mon 7:05-10 Tue 2-4:55-7:50-10:45 Wed-Thu 7:05-10

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FROM STEPHENIE MEYER THE AUTHOR OF THE TWILIGHT SAGA
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CHOOSE TO FIGHT. CHOOSE TO LOVE.
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StarCité Hull
115 boul. du Plateau
819-770-1090

Royal Opera House: Alice's Adventures in Wonderland (STC) Thu 7:30
Safe Haven (G) Fri-Sun 2:05-7:20 Mon 7:20 Tue 2:05-7:20
Snitch (13+) Fri-Sun 11:30-2-4:40-7:20-10 Mon 7:20-10 Tue 11:30-2-4:40-7:20-10 Wed 7:20-10 Thu 10

Barrhaven

Barrhaven Cinemas
131 Riocan Dr. 613-825-2463

The Call (14A) Fri 7:50-10:05 Sat-Sun 12:35-3-5:25-7:50-10:05 Mon-Thu 5:30-7:50
Chitty Chitty Bang Bang (G) Sat 11
The Croods 3D (G) No Passes Fri 7:40-10:10 No Passes Sat-Sun 12:10-2:40-5:10-7:40-10:10 No Passes Mon-Thu 4:30-7:15
Escape From Planet Earth (PG) Sun 12
Escape From Planet Earth 3D (PG) Sat-Sun 2:25-4:45 Mon-Wed 5
G.I. Joe: Retaliation 3D (STC) No Passes Wed 7:45 No Passes Thu 5-7:45
Identity Thief (14A) Fri-Sun 7:10-9:45 Mon-Tue 7:30
The Incredible Burt Wonderstone (PG) Fri 7:45-10:10 Sat-Sun 12:20-2:50-5:20-7:45-10:10 Mon-Thu 5:20-7:50 Star & Strollers Screening Thu 1
Jack the Giant Slayer 3D (PG) Fri 7:20-10 Sat-Sun 1:45-4:30-7:20-10 Mon-Thu 4:45-7:20
Olympus Has Fallen (14A) Fri 7-9:55 Sat-Sun 1:20-4:10-7-9:55 Mon-Thu 4:50-7:55 Star & Strollers Screening Thu 1
Oz the Great and Powerful 3D (PG) Fri 6:25-9:30 Sat-Sun 12-3:05-6:25-9:30 Mon-Thu 4:30-7:35

Gloucester

SilverCity
2385 City Park Dr.
613-688-8800

Admission (PG) Fri-Sun 12:15-2:50-5:25-8-10:40 Mon 2:50-5:25-8-10:40 Tue 12:15-2:50-5:25-8-10:40 Wed 5:25-8-10:40 Thu 12:15-2:50-5:25-8-10:40 Star & Strollers Screening Wed 1
Aliens (STC) Mon 7
The Call (14A) Fri-Sun 12:20-2:45-5:15-7:50-10:30 Mon 2:45-5:15-7:50-10:30 Tue 12:20-2:45-5:15-7:50-10:30 Wed 2:45-5:15-7:50-10:30 Thu 12:20-2:45-5:15-7:50-10:30
Chitty Chitty Bang Bang (G) Sat 11
The Croods (G) No Passes Fri-Tue 1:40-4:10 No Passes Wed 4:10-7-9:30 No Passes Thu 1:40-4:10-7-9:30 Star & Strollers Screening, No Passes Wed 1
The Croods 3D (G) No Passes Fri 12:10-2:40-5:10-7-7:45-9:30-10:20 No Passes Sat 11:10-12:10-2:40-5:10-7-7:45-9:30-10:20 No Passes Sun 12:10-2:40-5:10-7-7:45-9:30-10:20 No Passes Mon 2:40-5:10-7-7:45-9:30-10:20 No Passes Tue 12:10-2:40-5:10-7-7:45-9:30-10:20 No Passes Wed 2:40-5:10-7:45-10:20 No Passes Thu 12:10-2:40-5:10-7:45-10:20
Escape From Planet Earth (PG) Fri-Sun 12:05-2:25-4:45 Mon 2:25-4:45 Tue 12:05-2:25-4:45 Wed 2:25-4:45
G.I. Joe: Retaliation — An IMAX 3D Experience (STC) No Passes Wed 8-10:45 No Passes Thu 12-2:40-5:20-8-10:45
G.I. Joe: Retaliation 3D (STC) No Passes Wed 7:05-10:05 No Passes Thu 1:05-4:05-7:05-10
A Good Day to Die Hard (14A) Fri-Wed 12:30-3-5:35-8:10-10:40 Thu 12:30-3-5:35
The Host (PG) Thu 9
Identity Thief (14A) Fri-Sun 12-2:35-5:20-7:55-10:45 Mon 1:10-4-10 Tue 12-2:35-5:20-7:55-10:45 Wed 2:35-5:20-7:55-10:45 Thu 12-2:35-5:20-7:55-10:45
The Incredible Burt Wonderstone (PG) Fri-Thu 12:30-2:55-5:30-8:05-10:35

The Incredible Burt Wonderstone. HANDOUT

Jack the Giant Slayer 3D (PG) Fri 1:35-4:25-7:25-10:10 Sat 12:35-3:25-6:45-9:35 Sun 1:35-4:25-7:25-10:10 Mon 12:35-3:25-6:45-9:35 Tue 1:35-4:25-7:25-10:10 Wed 12:35-3:25-6:45-9:35 Thu 12:35-3:25-10:15
John Dies at the End (STC) Wed 9:30
Life of Pi (PG) Sat 4:20-7:15-10:10
Life of Pi 3D (PG) Fri 1:15-4:20-7:15-10:10 Sun-Thu 1:15-4:20-7:15-10:10
The Metropolitan Opera: Maria Stuarda Encore (STC) Sat 12
Olympus Has Fallen (14A) Fri-Thu 12:50-1:50-3:40-4:40-6:50-7:30-9:45-10:25
Oz the Great and Powerful (PG) Fri 1:05-4:05-7:25-10:25 Sat 10:55-1:05-4:05-7:25-10:25 Sun-Thu 1:05-4:05-7:25-10:25
Oz the Great and Powerful 3D (PG) Fri-Thu 12:45-3:50-7:10-10:15
Oz the Great and Powerful: An IMAX 3D Experience (PG) Fri-Tue 1:30-4:35-7:40-10:45 Wed 1:30-4:35
Royal Opera House: Alice's Adventures in Wonderland - Encore (STC) Thu 7:30
Silver Linings Playbook (14A) Fri 1:20-4:15-7:20-10:05 Sat 4:15-7:20-10:05 Sun-Tue 1:20-4:15-7:20-10:05 Wed 1:20-4:05-6:45 Thu 4:15-10:05
Snitch (PG) Fri-Tue 7:05-9:55
The Storm Within (STC) Thu 1-7

Orleans

Empire Theatres Orleans

6 Cinemas
3752 Innes Rd. 613-830-4400

21 and Over (14A) Digital, Dolby Stereo Digital Fri-Tue 8:45
Admission (PG) Digital, Dolby Stereo Digital Fri 4:30-7:20-10 Digital, Dolby Stereo Digital Sat-Sun 1:20-4:30-7:20-10 Digital, Dolby Stereo Digital Mon 7:20-10 Digital, Dolby Stereo Digital Tue 1:20-4:30-7:20-10 Digital, Dolby Stereo Digital Wed-Thu 7:20-10
The Call (14A) Digital, Dolby Stereo Digital Fri 4:15-7:10-9:30 Digital, Dolby Stereo Digital Sat-Sun 1:30-4:15-7:10-9:30 Digital, Dolby Stereo Digital Mon 7:10-9:30 Digital, Dolby Stereo Digital Tue 1:30-4:15-7:10-9:30 Digital, Dolby Stereo Digital Wed-Thu 7:10-9:30
Les Croods (G) Digital, Dolby Stereo Digital Fri 3-6 Digital, Dolby Stereo Digital Sat-Sun 12:05-3-6 Digital, Dolby Stereo Digital Mon 6 Digital, Dolby Stereo Digital Tue 12:05-3-6 Digital, Dolby Stereo Digital Wed-Thu 6
The Croods (G) Digital, Dolby Stereo Digital Fri 9:10 Digital, Dolby Stereo Digital Sat-Sun 12:30-9:10 Digital, Dolby Stereo Digital Mon 9:10 Digital, Dolby Stereo Digital Tue 12:30-9:10 Digital, Dolby Stereo Digital Wed-Thu 9:10
The Croods 3D (G) Dolby Stereo Digital Fri-Sun 3:30-6:45 Dolby Stereo Digital Mon 6:45 Dolby Stereo Digital Tue 3:30-6:45 Dolby Stereo Digital Wed-Thu 6:45
G.I. Joe: Retaliation (STC) Digital, Dolby Stereo Digital, No Passes Thu 6:15-9
G.I. Joe: Retaliation 3D (STC) Dolby Stereo Digital, No Passes Wed-Thu 7-9:50
Identity Thief (14A) Dolby Stereo Digital Fri 4:10-7:30-10:10 Dolby Stereo Digital Sat-Sun 1:10-4:10-7:30-10:10 Dolby Stereo Digital Mon 7:30-10:10 Dolby Stereo Digital Tue 1:10-4:10-7:30-10:10 Dolby Stereo Digital Wed-Thu 8:45
The Incredible Burt Wonderstone (PG) Digital, Dolby Stereo Digital Fri 3:20-6:10-9:40 Digital, Dolby Stereo Digital Sat-Sun 12:20-3:20-6:10-9:40 Digital, Dolby Stereo Digital Mon 6:10-9:40 Digital, Dolby Stereo Digital Tue 12:20-3:20-6:10-9:40 Digital, Dolby Stereo Digital Wed 6:10-9:40 Digital, Dolby Stereo Digital Thu 9:40
Jack the Giant Slayer (PG) Digital, Dolby Stereo Digital Fri-Sun 3:45-6:30 Digital, Dolby Stereo Digital Mon 6:30 Digital, Dolby Stereo Digital Tue 3:45-6:30 Digital, Dolby Stereo Digital Wed-Thu 6:30
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Olympus Has Fallen (14A) Digital, Dolby Stereo Digital Fri 4-7-9:50 Digital, Dolby Stereo Digital Sat-Sun 1-4-7-9:50 Digital, Dolby Stereo Digital Mon 7-9:50 Digital, Dolby Stereo Digital Tue 1-4-9:50 Digital, Dolby Stereo Digital Wed 6:50-9-9:45 Digital, Dolby Stereo Digital Thu 6:50-9:45 Digital, Dolby Stereo Digital Fri 3:15-9 Digital, Dolby Stereo Digital Sat-Sun 12:15-3:15-9 Digital, Dolby Stereo Digital Mon 9 Digital, Dolby Stereo Digital Tue 12:15-3:15-9
Oz the Great and Powerful (PG) Digital, Dolby Stereo Digital Fri 9:20 Digital, Dolby Stereo Digital Sat-Sun 12-9:20 Digital, Dolby Stereo Digital Mon 9:20 Digital, Dolby Stereo Digital Tue 12-9:20 Digital, Dolby Stereo Digital Wed-Thu 9:20
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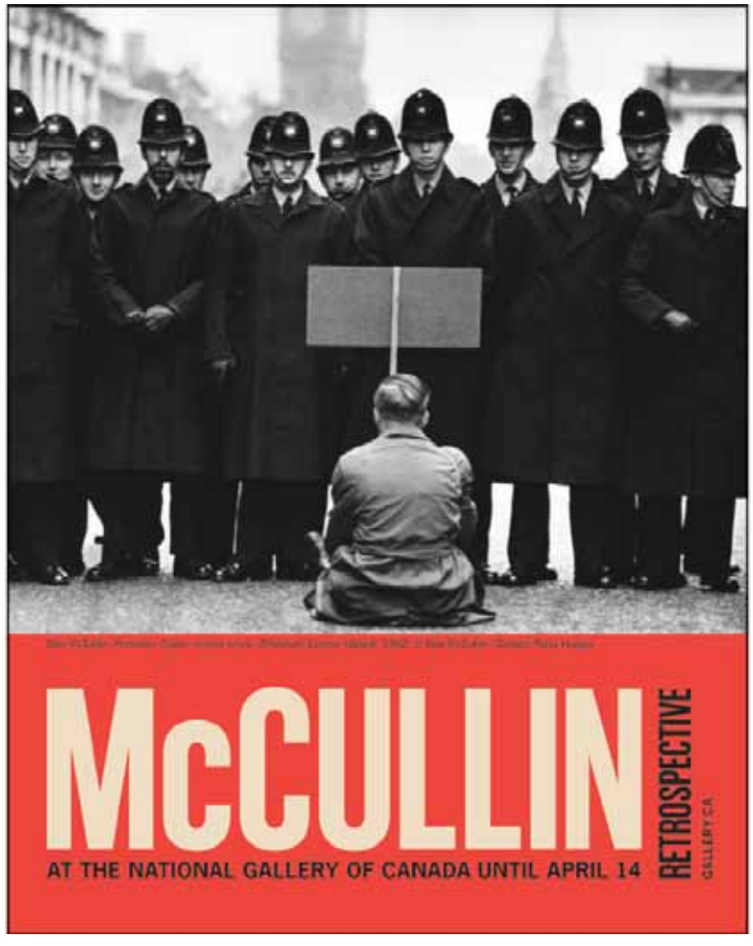

TV Picks

Merlin is coming to an end this Saturday. HANDOUT

The sun going down on Merlin's Camelot empire

It's the two-part series finale of Merlin on Saturday and the troubled titular character must try to save himself as well as Camelot and the man he made a king. (Space)

Fashion Star tries to cover up the imperfections

A Fashion Star hopeful unravels at the seams Friday as the designers are asked to create looks that feature their signature flair and flatter all shapes and sizes.

Mentors on the series that recently launched its second season include Nicole Richie, Jessica Simpson and menswear designer John Varvatos. (NBC)

Stay drunk on your food all week

Ease your weeknight stress by learning how to cook five days' worth of meals in one session with the series Rachael Ray's Week in a Day. Saturday's episode focuses on stews and sauces, with dishes including Drunken Chicken and a mustard and brown sugar BBQ beef sandwich with celery slaw. (Food Network Canada)

Giving a Master Class on overcoming adversity

Singer-songwriter Stevie Nicks opens up about her mother's recent death, her addiction issues and marrying her friend's husband on Oprah's Master Class on Sunday. The rock queen also discusses her music career with partner Lindsey Buckingham and Fleetwood Mac. (OWN)

THE CANADIAN PRESS

How Phil Spector Lost that Lovin' Feelin'

HBO movies. Al Pacino can't remember the first time he met the music producer, but steps into the role of a man who fell from the spotlight

Helen Mirren, left, and Al Pacino star in the HBO film, Phil Spector, which premieres Sunday. PHIL CARUSO/THE ASSOCIATED PRESS

Much to his surprise, Al Pacino learned that once upon a time he met the legendary music producer Phil Spector, whom he now plays in a new HBO film.

He had no memory of it, "but somebody showed me a picture of me and him on the Internet," Pacino laughs. "It was at some event or party, and we're both looking into the camera, two guys who do not want to be photographed. Since he had mostly worked behind the scenes, I didn't know who he was, and he looked like he didn't know who I was."

That was then, whenever that was. Now, spurring after-the-fact speculation, this forgotten encounter serves Pacino as a fitting first step into the character he captures for Phil Spector. (It premieres Sunday night)

Written and directed by David Mamet, this penetrating film explores the preparation for Spector's murder defence. As the story begins in 2007, he stands accused of having forced a pistol into the mouth of a woman — his by-chance date for the night — and pulling the trigger.

The difficulties of the case seem beyond the wherewithal of Spector's original attorney (played by Jeffrey Tambor in a robust supporting performance), who has brought in hotshot lawyer Linda Kenney Baden (the splendid Helen Mirren). She takes over as lead attorney and, as the film unfolds, joins Spector in a verbal pas de deux that teems with Mamet's shrewd dialogue.

"Why do you have so many guns?" she inquires on her first visit to his sprawling castle home near Los Angeles, where the shooting took place. "I might need one," he replies.

"Why would you need more than one?"

"How many shoes do you have?" he poses. "How many feet?"

Spector is gnomish, unstable and grandiose. "Extraordinary accomplishments," he says, meaning his own, "transform the grateful into an audience — and the envious into a mob."

So he's a problem for his lawyers. He says he didn't kill the girl, but who's going to believe him? His lawyers know that, in the mind of the modern-day public, he is not the music wizard who created the girl-group sound in the early 1960s, co-wrote You've Lost That Lovin' Feelin' for the Righteous Brothers and produced records for the Ramones and the Beatles. Instead, by 2007, he's generally regarded as a creepy, homicidal has-been who hides out with his dozens of guns and his dozens of outlandish wigs — a pint-sized wacko too big for his britches.

But there are a few inarguable truths about Spector. One is that in 2009, he was convicted of second-degree murder and, at age 68, sentenced to 19 years to life.

Another is that, for record buyers of a certain age, his music reigned as the soundtrack for youthful seduction.

The HBO film acts as an interesting contrast of a man who left the limelight.

THE ASSOCIATED PRESS

Photo shy

"It was at some event or party, and we're both looking into the camera, two guys who do not want to be photographed. Since he had mostly worked behind the scenes, I didn't know who he was."

Al Pacino
Talking about the time he met Phil Spector

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MUCH PRESENTS

British songwriter changes course

Tooth & Nail. Mother's death forces Billy Bragg to re-evaluate his music career

This year marks the 30th anniversary of Billy Bragg's spare, politically charged debut EP Life's a Riot with Spy Vs Spy. But the adaptable British singer/songwriter says he's still trying to figure out his place in this peculiar industry.

Two years ago, the death of Bragg's mother gave him particular reason to pause and re-evaluate his music career. He returned after a five-year absence from recording Tuesday with Tooth & Nail, his first album since 2008's Mr. Love & Justice.

The gently melodic, emotionally tender set has been hailed as a return to form for the 55-year-old in such publications as the Guardian and Mojo.

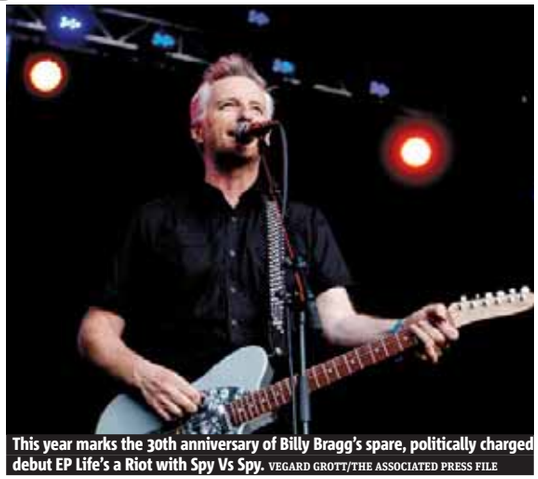
In an interview with The Canadian Press, Bragg admits he'll be closely watching the reaction to the release.

How did your mother's death set you on a path that led to Tooth & Nail?

Well, my mum passed in early 2011, and I think when something like that happens, you can't fail but look around. All of a sudden there's a generational shift and I'm the oldest person in the family now. It makes you think to yourself: "Why are you doing this? Is what I'm doing worthwhile? Or am I just drifting?"

So I started looking at a practical way of discovering whether there is room in the recording industry in 2013 for Billy Bragg. Or whether what I've been doing for the past five years — which is working at a cottage-industry level, putting out CDs and selling them like T-shirts (at shows) — maybe that's my niche now.

So the release of the album is the culmination of that quest — he says, sounding like Frodo Baggins.



This year marks the 30th anniversary of Billy Bragg's spare, politically charged debut EP Life's a Riot with Spy Vs Spy. VEGARD GROTT/THE ASSOCIATED PRESS FILE

Was your mother supportive of your music?

There's a fabulous bit in the (making-of) documentary about (the 1998 album) Mermaid Avenue, where I was sitting on the sofa with her and the director says, "Do you like Billy's records?" And she sort of looks away, and says, "Well, you know, the school did lead us to expect more" (laughs).

She wasn't dismissive of it, but I don't think she wanted me getting on my high horse just because I had been in the newspapers and on the telly. She did choose one of my songs for her own funeral service. So obviously she did like my music after all.

Tooth & Nail is more about love than politics. Why?

The majority of the songs on the record are based in relationships, but that's also partly the nature of the way we hear music now. Now if I write a topical song, I get it uploaded as soon as I can for free download. It's almost like a newscast. As a result of that, when I come to make an album, I find that the predominant songs in my woodshed are songs about deeper things, about emotions. And I don't think that's a bad thing because I would hate for everything to be about politics. I've played with bands like that and they can be a bit hard-going.

When you started this project you wanted to figure out where you stood. Do you have clarity now?

I definitely have a sense of direction again, but what I'm interested to do now is to find out where I fit in the recording industry, because I know where I am in the music industry — people love coming to see me play.

(But) the industry's changing much faster than I can put out records. So when you've worked out where your niche is, the next time you look, the niche isn't even there anymore. I'm not complaining about this, by the way. I'm just being honest.

Rather than being complacent ... we do have to step back and look at it, and try to perhaps tailor what we're doing a little more to where the medium is now.

THE CANADIAN PRESS

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3 Songs for the weekend

Call it retro revenge. Each of these bands may be more than 30 years old but they're not dead yet.

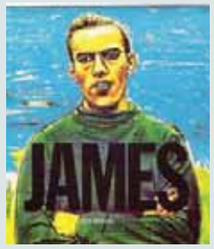
SOUND CHECK
Alan Cross
scene@metronews.ca

Soothe My Soul/Depeche Mode

The studio version of this new single from the upcoming Delta Machine album was streaming online — and then it wasn't.

Metroland/OMD

The classic line-up has a record called English Electric coming April 8. This sounds like it could be in any mid-80s John Hughes movie.



Sit Down/James

A new video of their classic created especially for Comic Relief's Red Nose Night charity. Proof that a brilliant song is brilliant, no matter how old it is.

Mad Men star Jon Hamm is 'a big fan' of JT's suit and tie

Mad Men star Jon Hamm is going mad over Justin Timberlake's suit and tie — the song and the singer's style.

"I'm a big fan of Justin Timberlake," Hamm said in a recent interview. "I think he's a trendsetter, as they say. But he's always been kind of a natty dresser."

The 42-year-old actor, who says he has an "appreciation for fashion," returns as womanizing ad man Don Draper when season six premieres April 7 on AMC.

Seeing Mad Men style infiltrate pop culture — from Taylor Swift's mod minidress on the March cover of Elle magazine to Timberlake's ode to old Hollywood glamour with his latest hit, Suit & Tie, is the ultimate compliment for Hamm.

"It's nice that our show has had that sort of serendipitous resonance with fashion," he said. "I think it's great. I think it's really cool."

Jon Hamm
GETTY IMAGES

As for Timberlake, Hamm believes the pop star is "a very fashion-forward kind of guy," although the Grammy winner is guilty of at least one "fashion don't."

"That one unfortunate picture of him in that denim tuxedo excused," Hamm said with a smile, referring to Timberlake's all-denim ensemble at the 2001 American Music Awards. THE ASSOCIATED PRESS

Lisa Loeb has decided to Stay

No Fairy Tale. The singer is happy to wax nostalgic about the 1990s

LINDA LABAN
scene@metronews.ca

With that all-American smile and those sexy secretary glasses, Lisa Loeb still looks like the smart-cute girl who burst onto the music scene almost two decades ago with her hit song Stay (I Missed You). Loeb's winter-released seventh album No Fairy Tale finds her reminiscing on a song called The '90s.

"I'm very nostalgic about the '90s," says Loeb. "Chad Gilbert, who co-produced and instigated this project, wanted me to write [the] song. At first, I was hesitant because I didn't want to write something that was kitschy and cute. Then when I started thinking about it, the '90s was particularly exciting because that's when I started to become successful as a musician."

Loeb also used the song to correct a misconception that pigeonholed her as a solo folky-pop singer-songwriter.

"I decided to write about making my video for Stay," she says. "That kick-started the commercial side of my career, but I didn't get to play with my band. The video was really cool. Ethan Hawke directed it, and Ethan's vision for a one-take video was much stronger than me getting to show everybody my rock band. For years, I always felt I had to prove myself: 'I play with a band, I'm not just a solo singer who walks around my studio apartment. I'm not a folk singer, I'm a lot of other things.'"

No Fairy Tale is very much a collaborative album. Loeb produced it with Gilbert (of New Found Glory), and guests include Tegan and Sara, Hello Goodbye and Morgan Taylor.

Lisa Loeb's seventh album, No Fairy Tale, shows her nostalgic side. GETTY IMAGES

Yeah, I missed you

Some might think this is a return to the spotlight, but Loeb has been keeping busy long since the success of Stay.

"I've had radio DJs who are like, 'Well where have you been? You disappeared there,'" she says. "I'm like, 'Actually, I was just in San Francisco playing with my band, and then the year before that I was there for a kids' book festival' — the list goes on and on."

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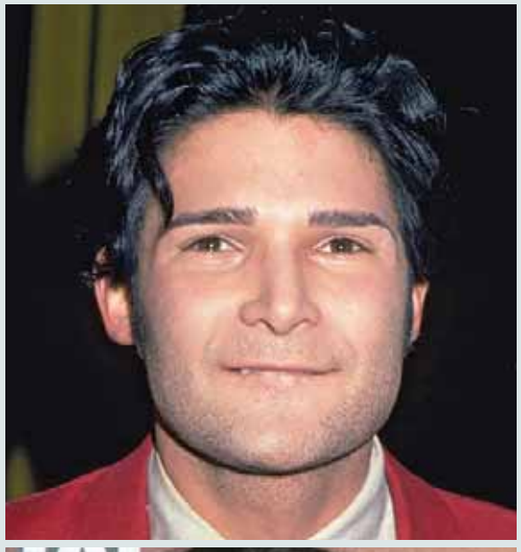

THE WORD
Dorothy Robinson
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Is Feldman moonlighting as a sperm donor?

Earlier this week, I wrote about the Jackson family's wrongful death lawsuit against AEG Live for $40 billion and how the entertainment giant wants to get the paternity of Jackson's children entered into court proceedings.

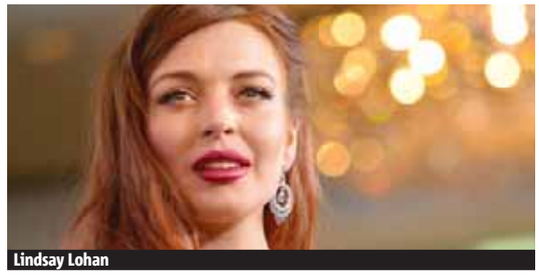
The Jackson family are fighting this, calling into question who actually is the father of Blanket, Paris and Prince Jackson.

And upon further reflection (and Googling), I am pretty confident that the father of Prince Jackson is none other than Corey Feldman. These pictures don't lie, friends. Can someone call Maury Povich?

John John Florence

Watch out, John John ... Taylor Swift has her eye on you

Taylor Swift has reportedly set her sights on 20-year-old pro surfer John John Florence, according to Life & Style, though their budding relationship is still mostly on a telecommunications level. "He and Taylor have been text messaging," a source says. "Apparently she contacted him. I don't think they have hung out yet. They've just been chatting. John John doesn't want to ruin things, so he's being careful not to say too much."


Lindsay Lohan

Rehab doesn't seem to be getting in the way of Lohan's love life

Just because Lindsay Lohan is facing 90 days in rehab doesn't mean she can't keep cultivating her love life. The troubled starlet is rumoured to be dating NYC-based club promoter and musician Avi Snow, according to E! News, though sources say the pair's relationship is still in "the early stages." But Snow was reportedly one of the passengers on the private jet that whisked Lohan to court Monday morning, and after she had her latest mug shot taken the next day she hurried over to a show Snow's band put on at a private Santa Monica club.

Twitter

@aplusk
Are prophylactics having an inverse effect on natural selection?

@RebelWilson
Hey shower curtain! Stop groping me! x

@AlbertBrooks
guess the free toasters from the Cyprus banks are now out of the question.

Liquid Assets

Wine, fresh fare unite

LIQUID ASSETS
Peter Rockwell
@therealwineguy
liquidassets@eastlink.ca

Depending on where you are in this great country, the weather may look more like a winter wonderland than spring. Somebody forgot to tell Mother Nature that we had a change of season this week.

While I hate pigeonholing certain wines to particular seasons, fresh, floral whites really do come across like spring in a glass. It doesn't hurt that they pair well with the bright, fresh food fare that tends to get served this time of year.

Wines made with the riesling, gewürztraminer and viognier grapes lead the charge when it comes to whites with plush fruit flavours and aromatics.

Viognier in particular is one of my favourites. Originating in France, it's grown worldwide, always packing its classic tropical depth and subtle pepperiness that pair so well with lighter meats (like pork) and fruit-accented sauces (especially those with a citrusy influence).

Cono Sur's 2011 Bicicleta Viognier ($9.95 - $11.99) from Chile is a budget friendly version with soft lime and lemon accents and just a wink to the grape's spicy persona.

PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.

A fine balance of cherries and coffee

Cherry-Topped Coffee-Roasted Pork Tenderloin. This combination of fresh flavours is ideal to serve during spring

This recipe makes 36 appetizers. MATTHEW MEAD/ THE ASSOCIATED PRESS

Coffee is becoming a favourite ingredient when roasting meat.

It's an effortless way to add gobs of flavour to your meal. All you do is add whole coffee beans to whatever spice blend you are using as a wet or dry rub, then grind it to a powder and apply to the meat. The coffee provides deep, rich flavours with a hint of acid.

The seasonings can be applied to the meat right before roasting. But if you have time, the flavour is even better if you rub the spices on the meat, then refrigerate it for several hours.

If you're looking for a simple and speedy dinner, make the roasted pork tenderloin in this recipe and serve it as is with a side salad. For something party-worthy, slice it, slap it on rounds of baguette, then top with a dollop of cherry jam.

Ingredients

- 1 tbsp coffee beans
- 1 tsp garlic powder
- 1 tsp fennel seeds
- 1 tsp smoked paprika
- 1 tsp whole peppercorns
- 1 tsp kosher salt
- 3 lbs pork tenderloins
- 1 baguette, thinly sliced into 36 rounds
- Olive oil
- 10-oz jar cherry jam

1. Heat the oven to 400 F. Line a rimmed baking sheet with foil and coat with cooking spray.

2. In a spice grinder, combine the coffee beans, garlic powder, fennel seeds, paprika, peppercorns and salt. Grind until the beans and seeds are finely ground. Rub the spice-coffee blend evenly and liberally over the tenderloins. Set the tenderloins on the prepared baking sheet, then roast for 20 minutes, or until they reach 145 F at the centre. Remove from the oven and let rest for 5 minutes.

3. Meanwhile, brush the baguette slices with olive oil, then arrange on a baking sheet and toast for 2 minutes, or until just barely browned.

4. When the pork is ready, cut it into thin slices. To serve, place one slice of pork on each piece of baguette, then top with a small dollop of jam.

THE ASSOCIATED PRESS

Have a few gaps in your schedule you're looking to fill?
Whether you're hoping to dance, drink or just relax, check out these hot upcoming events.

MIX OF SIX
Samantha Everts
ottawa@metronews.ca

Playing: Open Sky

Ottawa rock band Open Sky is about to hit a new high with their new full-length album Let The Light Shine Again. See them tonight at Algonquin College Theatre; tickets are going fast with more than 500 seats already filled to see the award-winning group perform their single Mona Lisa and other new tracks. Visit openskyband.com for more info.

Get ready to renovate with Home and Garden Show

Are you thinking of renovating, in the throes of re-modeling or just interested in the latest home décor trends? The Home and Garden Show — happening all weekend at the Ernst and Young Centre — can guide you through the newest products with expert advice and great prize giveaways. For more, visit ottawahomeshow.com.

Playing: Two Hours Traffic and Rah Rah

East Coast rockers Two Hours Traffic return to Zaphods on Saturday night with Regina indie pals Rah Rah. The Polaris-nominated Two Hours Traffic recently reinvented themselves with a new lineup and EP filled with razor-sharp choruses and electric Motown-influenced sound. Both bands deliver incredibly energetic sets not to be missed. For more, visit twohourstraffic.com.

Get your maple syrup fix at Museopark

Stroll through the sugar bush at Museopark this weekend to learn how the liquid gold sap is turned into the maple syrup that Canada is famous for. The celebration includes storytelling, maple taffy tasting, friendly barnyard animals and even a lumberjack contest. Best of all, it's free! It takes place from March 22 to 24. For more, visit museoparc.ca.

Playing: Kalle Mattson

Touring North America extensively after their animated music video for Thick as Thieves went viral in late 2011, indie-rock band Kalle Mattson has just completed recording songs for their third — and highly anticipated — album. The Bob Dylan-influenced singer-songwriter frontman has won awards and accolades internationally. The group plays at Mavericks tomorrow night. Visit kallemattson.com for more info.

See the best of Latin American cinema

From south of the Rio Grande, the Canadian Film Institute is presenting the 17th annual Latin America Film Festival beginning this weekend. The best contemporary Latin American cinema from shorts to feature documentaries will be screened at Library and Archives Canada's theatre. It takes place March 21 to 26 and April 3 to 7. Visit cfi-icf.ca.

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NHL

Brodeur doesn't shoot, still scores

New Jersey goalie Martin Brodeur was credited with his third NHL goal when Carolina's Jordan Staal accidently put the puck in his own empty net.

With a delayed penalty call pending against New Jersey's Marek Zidlicky, Staal passed the puck back to the point from behind the net. The pass missed intended target Tim Gleason and bounced off the boards near centre ice. Carolina goalie Dan Ellis had already skated toward the bench because of the delayed penalty and couldn't get back in time to prevent the puck from sliding into the net.

Brodeur, who had been out of the lineup since Feb. 21 with a pinched nerve in his back and neck, got credit for the goal because he was the last Devils player to touch the puck.

THE ASSOCIATED PRESS

NHL

Leafs' Lupul gets two-game ban

The NHL suspended Toronto Maple Leafs forward Joffrey Lupul for two games Thursday following his hit to the head of Tampa Bay defenceman Victor Hedman.

The incident occurred 45 seconds into the third period of Toronto's 4-2 win on Wednesday night. Lupul received a two-minute minor penalty for an illegal check when he hit Hedman in the head after the defenceman passed the puck.

It was just Lupul's second game back after missing 25 contests with a broken arm.

THE CANADIAN PRESS

Boston Bruins goaltender Anton Khudobin, his teammate David Krejci and Ottawa Senators forward Kyle Turris try to knock down a puck at Scotiabank Place on Thursday night. For the game result and story, go to metronews.ca. FRED CHARTRAND/THE CANADIAN PRESS

Silfverberg making his presence felt

THE HOCKEY NEWS
Murray Pam
ottawa@metronews.ca

In 2011, upon completing his third summer development camp, Jakob Silfverberg informed the Senators brass he would return to play in his native Sweden. After two relatively successful seasons in the Swedish Elite League, the club felt Silfverberg was ready to bring his "A" game to North America. Mature beyond his years, Silfverberg, 20 at the time, felt he wasn't mentally and physically ready to cross the Atlantic. To say the Senators hierarchy was disappointed is an understatement.

However, that third campaign with Brynas turned out to be a godsend for the 2009 second-rounder and a boon for the Senators.

In addition to winning a league championship, Silfverberg pulled off a rare double: Earning regular-season and playoff MVP honours. His 13 post-season goals broke the record of 12 set previously by Daniel Alfredsson.

Incidentally, Silfverberg is now drawing comparisons to the Senators captain. They are similar in stature, both shoot right and possess above-average wrist shots. Alfie calls Silfverberg's shot "one the best in the league." All-star goalies such as Martin Brodeur, Henrik Lundqvist and Carey Price can all vouch for it. Each was beaten upstairs in shootouts by the 22-year-old rookie.

As good as the six-foot-one, 200-pounder has played of late, the season has not been all roses for Silfverberg.

Jakob Silfverberg
GETTY IMAGES

"The first 10 games in Binghamton were a struggle. I didn't know when to go, or where to go, or what to do with the puck when I had it," said Silfverberg, who recorded only six points in his first 17 games in the AHL. However, in the next 17, he notched 23.

His Senators experience has been much of the same. Silfverberg has seven goals and 11 points, with four of those tallies coming in the past four games. Although Silfverberg has not racked up points consistently, it is not for lack of effort. He leads all Senators with 83 shots.

While Silfverberg is busy flashing his offensive skills, his defensive play has coach Paul MacLean singing his praises. "He is very good defensively without the puck," said MacLean. "He can play in all situations. I liken him to Milan Michalek and Alfredsson."

It's a heady endorsement and vote of confidence for a kid just cutting his NHL teeth. Now it's up to No. 33 to keep delivering.

Homan on a roll heading into Page playoffs

Canada's skip Rachel Homan delivers a stone against China in Riga, Latvia, on Thursday. Canada won 7-4. ANDREW VAUGHAN/THE CANADIAN PRESS

A mediocre start nearly derailed Rachel Homan's rink at the world women's curling championship.

The Canadian team stuck together early on as they battled nerves, a tough field and some challenging conditions in Riga, Latvia. The result is a solid third-place finish in the round-robin standings and a four-game winning streak heading into the Page playoff 3-4 matchup.

"They're all feeling very comfortable, calm, focused and confident," said Canadian coach Earle Morris. "Those are the kind of feelings you hope your team has when you're going into the playoffs."

Entering play Thursday, Homan controlled her own playoff destiny but was still flirting with the cutline. She beat China's Bingyu Wang 7-4 in the morning and locked up the third seed with an 8-4 win over Japan's Satsuki Fujisawa in the afternoon.

Canada's next game is Saturday afternoon. Russia and Switzerland will play a tiebreaker Friday morning with the winner to face the United States in the second tiebreaker with the fourth seed on the line.

Scotland and Sweden finished 10-1 and will meet in the Page playoff 1-2 game Friday night. THE CANADIAN PRESS

History of excellence

Canada leads all countries with 29 podium appearances and 15 gold medals in the tournament's 34-year history.

4 SPORTS

Canadians lead Zags to win

March Madness. Gonzaga struggles early, but pulls out win in final minutes

Still don't think Gonzaga deserved that No. 1 seed? There might be a few more doubters now.

Entering the NCAA tournament top-seeded and top-ranked for the first time in program history, the Zags nearly made another kind of history Thursday — coming only a few minutes and a rimmed-out shot or two from becoming the first 1 to lose to a 16.

Gonzaga prevailed 64-58 over Southern University in a game that wasn't safely in hand until the final buzzer sounded. No. 1 seeds improved to 113-0 since the field was expanded to 64 teams in 1985.

Kelly Olynyk of Kamloops, B.C., led the Zags (32-2) with 21 points, though it was a pair of three-pointers — one by Gary Bell Jr., the next by Kevin Pagnos — that gave Gonzaga its small cushion after Southern (23-10) tied things 56-56 with 3:45 left.

Bell's three made it 59-56 after Derick Beltran hit a 14-footer on the baseline to close out a 15-4 Southern run and tie the game.

Beltran hit two free throws to cut the deficit to one, but Gonzaga responded by working the ball to Pagnos, of Newmarket, Ont., whose three made it a four-point game.

Pagnos (16 points) made two free throws with 14.3 seconds left to seal the deal.

THE ASSOCIATED PRESS

Kamloops, B.C.-native Kelly Olynyk of the Gonzaga Bulldogs pushes past Javan Mitchell of the Southern University Jaguars during a 2013 NCAA Men's Basketball Tournament game in Salt Lake City. Gonzaga won 64-58. HARRY HOW/GETTY IMAGES

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Spring training. Bautista back in the swing of things as Blue Jays beat Rays

With every ball that Jose Bautista launches far over the wall, the Toronto Blue Jays are more certain he's back to form.

Bautista hit his fifth home run of the spring, a long solo shot that helped the Blue Jays beat the Tampa Bay Rays 3-1 Thursday.

Bautista, a two-time home-run champion, had season-ending surgery on his left wrist last Sept. 4. He finished the year with 27 homers and 65 RBIs while batting .241.

Jose Bautista
CONTRIBUTED

His drive to deep left-centre field was another reassuring sign for his team.

"He's healthy. We've felt good about him the last three weeks," Toronto manager John Gibbons said. "He's gotten past that and shown no signs of anything being wrong."

Eugenio Velez also homered for Toronto. The Rays' only run came in the sixth inning on an infield single from James Loney.

Four Blue Jays pitchers, led by starter Claudio Vargas, combined to allow only six hits and struck out nine.

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See today's answers at metronews.ca/answers.

Horoscopes

♈ Aries
March 21 - April 20
You may not think of yourself as a peacemaker but you will certainly be the one who calms things down today. Maybe it's because you believe in justice, but you will do your utmost to negotiate a truce.

♉ Taurus
April 21 - May 21
If you are convinced that what you are doing is right then what others think or say about it is irrelevant. Since when have you been the type to ask other people for permission?

♊ Gemini
May 22 - June 21
No one lives in isolation and what takes place over the next few hours will confirm that in a rather nice way. Just when you thought you were struggling all on your own, you discover you have genuine friends.

♋ Cancer
June 22 - July 23
Someone in authority will look favourably on you today and you must take advantage of it. If you can, work your way into a position where you can showcase your many talents. That "someone in authority" could soon be you.

♌ Leo
July 24 - Aug. 23
Everything looks right with your world at the moment and with Venus moving in your favour today, whatever you do will work out just fine. That is if you can be bothered to make an effort.

♍ Virgo
Aug. 24 - Sept. 23
Because you have been proved right, you may find it hard to be modest today but try not to be too self-congratulatory. If you boast too loudly, someone may try to burst your bubble.

♎ Libra
Sept. 24 - Oct. 23
If you maintain a positive attitude over the next 24 hours, there is a real chance that at least one of your fantasies will become a reality. Let's hope your heart is in good condition. The shock could be too much!

♏ Scorpio
Oct. 24 - Nov. 22
Some of your friends may not have been supportive of late but that does not mean they are turning against you. On the contrary, they are still very much on your side, it's just that they've been too busy to help.

♐ Sagittarius
Nov. 23 - Dec. 21
With Venus joining the Sun in your fellow Fire sign of Aries today, you are flavour of the month. In your life and at work be the best you can be, and the world will love you for it.

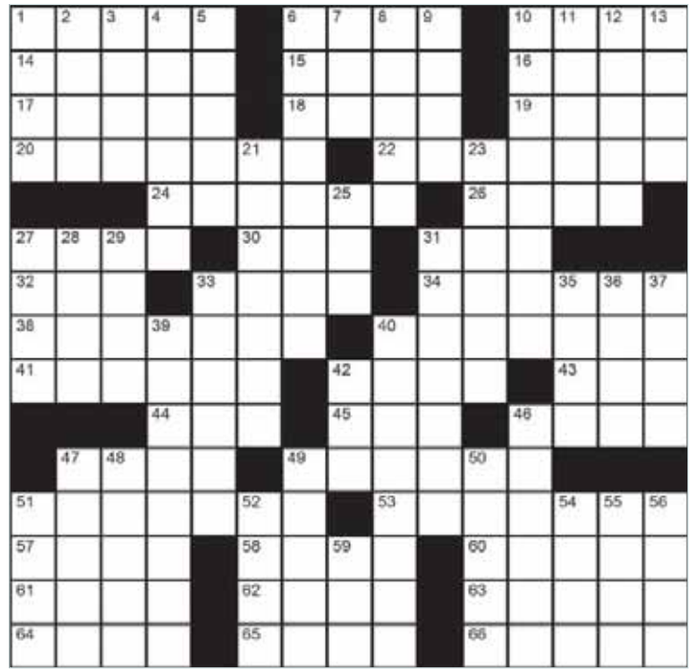
♑ Capricorn
Dec. 22 - Jan. 20
Don't be afraid to tell others what you think today, but wrap it up in a thick layer of sugar coating. They will appreciatet that you avoided hurting their feelings.

♒ Aquarius
Jan. 21 - Feb. 19
According to the planets, you are reluctant to get too involved in a situation that you fear could be emotionally traumatic. You are right to keep your distance but don't cut yourself off altogether. Be available if a crisis occurs.

♓ Pisces
Feb. 20 - March 20
Venus, planet of emotional and material values, leaves your birth sign today, but that is not a cause for despair. In fact, it could have very good results financially. Replenish your bank account. **SALLY BROMPTON**

Crossword: Canada Across and Down

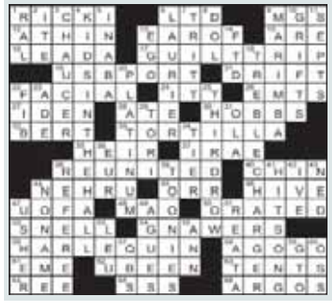
BY KELLY ANN BUCHANAN



Across
1. Straighten
6. __ of St. Lawrence
10. Berth
14. Inner circle
15. Bob Dylan's "The Times They __-_ Changin'"
16. Proactiv target
17. Sag
18. Safari sound!
19. 'Twilight' movies actress Nikki
20. Bow River city
22. Hedley singer, Jacob __
24. With pleasure
26. Grandmothers, to some
27. Small horse
30. Icky-__ (Yucky)
31. Distant
32. Philippines volcano, Mount __
33. Hearty meal
34. Antarctica volcano, Mount __
38. Pamela Wallin or Mike Duffy
40. "The __ Falcon" (1941)
41. Sports star, often
42. Taverns
43. Can
44. Home base, for short
45. London, __.
46. Music duo, __ Punk
47. Casually trendy student, nicknamed
49. Kevin of CBC's "Dragons' Den"
51. Canadian classic show, "Mr. __"
53. Toronto-born singer/songwriter Ms. Myles
57. Brewer's kiln
58. Book genre, for short
60. Singer, Frankie __
61. Comical dog
62. "Take a Chance __" by ABBA: 2 wds.
63. Be a ham on stage
64. Horse's hair
65. Burn slightly in cooking
66. "It's __ __ Never" by Elvis Presley

Down
1. "Back in Black" rockers
2. "__ Croft: Tomb Raider" (2001)
3. "American __"
4. Dazed
5. Mountainous land
6. Canada's Ambassador to the United States: 2 wds.
7. Prefix that means 'Tail'
8. Band from Lakefield, Ontario
9. Gambling card game
10. Justin Trudeau's mom
11. Arctic, for one
12. Niners - Eighters = __
13. Mr. Foxx of '70s TV
21. Toronto's basketball team
23. "Crazy" by __ Barkley
25. Down
27. Go through
28. International oil gr.
29. Faux pas
31. "A Good Heart" by __ Sharkey
33. Prepares tea
35. Test version, as per software
36. '60s song: "Catch __ __ You Can"
37. E-Mailed
39. One getting the handcuffs
40. Nelly Furtado song
42. "The Fresh Prince of __-Air"
46. Go-getter
47. "The Devil Wears __" (2006)
48. Pine tree stuff
49. Offer one's point of view
50. Character in Haida mythology
51. Gloom's partner
52. ET-piloted crafts
54. Sugar substitute, Sweet'_ __
55. Opera voice
56. Yesterday: French
59. Nashville music trophy, for short

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

		6		1			5	
						8		
1	4	8	6	5				3
9		2	5			7		
				4				
		4			7	6		2
8				7	3	4	2	1
		9						
	7			2		5		

Yesterday's Sudoku

1	9	5	6	4	8	3	7	2
6	4	3	2	7	1	5	9	8
7	8	2	5	9	3	6	1	4
8	2	1	7	3	9	4	5	6
5	6	9	4	8	2	1	3	7
3	7	4	1	5	6	8	2	9
2	1	7	8	6	5	9	4	3
9	5	8	3	2	4	7	6	1
4	3	6	9	1	7	2	8	5

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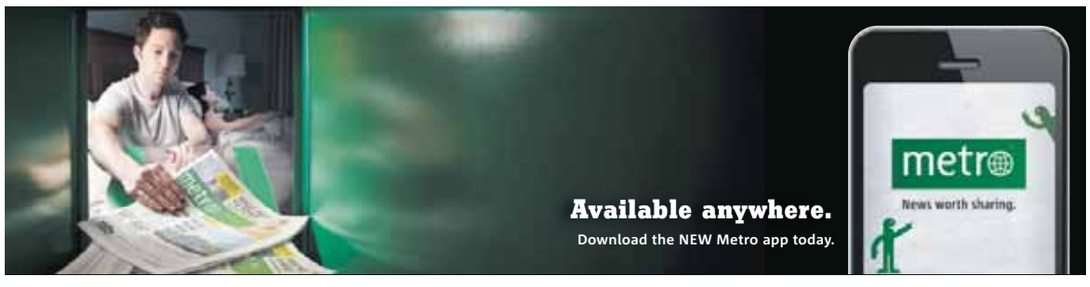

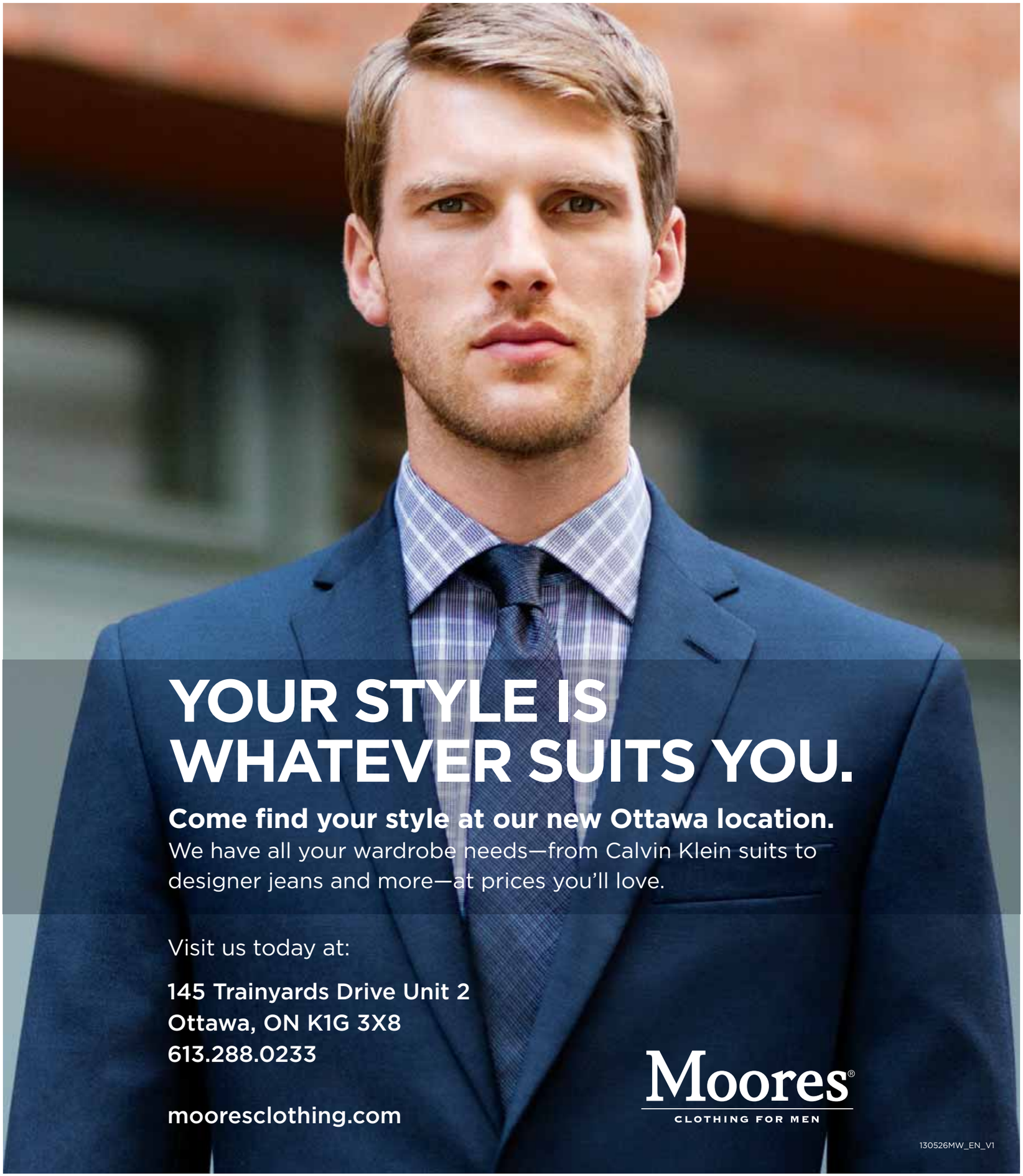
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